



The Unitarian Church of Harrisburg: Building Bridges, Celebrating Community

The Wayside Pulpit:

Happy New Year!



Dear friends,
So, I doubt it's just me... 2016 was not a great year for America, and even much of the world. It seems to me that most of us will gladly let the past year go, and good riddance to it!

Finding hope in the New Year is going to be the challenge we face now. I'm reminded of the turning of the seasons. At some point, we shall leave the dead of winter behind us and look to enjoy the vibrancy of life. New shoots will begin to grow, flowers will bloom, and life will return to some semblance of normalcy.

Let us enter the New Year with this same set of expectations and hopes: new growth and blooming, even in civic and political spheres. For all the disappointment many of us feel, despair does not help us solve problems. Rather, let's face them face-on, no matter who is in the White House.

We but mirror the world. All the tendencies present in the outer world are to be found in the world of our body. If we could change ourselves, the tendencies in the world would also change. As a man changes his own nature, so does the attitude of the world change towards him. This is the divine mystery supreme. A wonderful thing it is and the source of our happiness. We need not wait to see what others do.

— Mahatma Gandhi

On that note, I wish you all a Happy New Year! May it ever be so and blessed be you all!
— Rev. Mike

January Share the Plate

Each month, we share half of our Sunday plate with a local non-profit organization. This month's recipient is *The Program: It's About Change*.

The Program: It's About Change sponsors a Reentry Center at 1515 Derry Street, a few blocks from our Market Street campus, to assist former inmates as they move forward in life after imprisonment. In addition, [The Program](#) operates Promise Place, a transitional living facility for women after their release from prison. Promise Place seeks to provide a safe environment that empowers women to begin again with supportive guidance.

—Submitted by Lois Voigt, Finance Committee

Worship Services

Sundays at 9:30 a.m. Market Street, 11:30 a.m. Clover Lane

Jan 1 Choose Something Like a Star

Rachel Mark et al.

Start the New Year with a special service featuring the music of Minnesota singer/songwriter Peter Mayer.

Jan 8 Speaking of Racial Justice...

Racial Justice Task Force

The Racial Justice Task Force will lead this gentle, participatory service that includes elements of music, art, dance, and discussion. Be where you are. Envision where you could be. Come together as UUs.

Jan 15 Acceptance & Spiritual Growth

Rev. Michael Walker

'Seven Principles' series

In the Third UU Principle, we say that we affirm and promote *acceptance of one another and encouragement to spiritual growth in our congregations*. We each follow our own paths, sometimes exploring various world religions or sometimes no religion at all. Yet, in our congregations, many of us find our paths converging, and we travel together on our spiritual journeys, at least for a time. This is one thing that has long been an aspect of UUism that I admire: We seek not to give people the 'answers' – rather, we seek to provide them with questions and tools for finding their own answers.

Jan 22 The Stories We Tell: The Meaning of Myth

Rev. Michael Walker

I've always found mythology and folklore to be a fascinating subject. As a child, I was captivated by the drama and magic of the old stories. All the heroes and villains; the quest, or hero's journey; the discoveries, rewards and punishments; as well as the morals of the stories that actually conveyed some truth about humanity. In college, I became acquainted with the work of Joseph Campbell, who used the archetypal psychology work of Carl Jung as the lens through which he studied cross-cultural myths. Psychology puts forth the idea that there is inherent truth or wisdom to be gleaned from any story, from your dreams, and from other ways in which we understand the world around us – even if these stories are not literal or factual.

Jan 29 Stepping in the Dukkha...

Rev. Michael Walker

And Suffering We May Cause

In Buddhist teachings, the path to ending suffering (*dukkha*) in this life come through the practice of eight attributes. These are: Right Understanding, Right Intention, Right Speech, Right Action, Right Livelihood, Right Effort, Right Mindfulness, and Right Concentration. Rev. Mike will discuss suffering in our own lives, and how the above informs a set of Buddhist practices that helps one to end suffering in our own lives. But what about in the lives of others? What if one does something (perhaps unintentionally) that causes another pain. How can one return to Right Intention and Right Effort, to make things right with this other person?



Message from the President

By *Laura Shemick, President*

Once upon a time, when people in America were paid fair wages and health care didn't cost an arm and a leg, families could afford to have an adult or sometimes even two or more adults, in the house all day, every day. Sometimes these adults were grandparents, sometimes they were parents, or unmarried aunts or uncles; sometimes they were employed, with pay, to stay with the families' children and do all manner of household tasks. Life was considerably simpler then, as we lacked instantaneous communication, fast and reliable transportation, pervasive advertising and easy credit to use at megastores. Our leisure time was spent with family, friends, at community events, and in places we had built and where we had grown up. Our children joined the Scouts, we attended the County Fair, we served as directors of our local School Boards and presidents of our Chambers of Commerce and as deacons of our churches.



As wars and technology changed our society, our social structure also changed. Every adult worked outside the home and juggled household tasks and child-raising in conjunction with ever-more demanding jobs. After racing home from work – late – to drop off the kids for band practice or collect them after soccer games, no one had time to do anything but pick up food supplies, pay the bills, and take the garbage out before snatching six hours of sleep.

Who has time to volunteer these days? If we are young, we are doing our best to survive and help our children thrive. If we are older, we are watching over our parents' health, trying to keep our jobs and ensuring that our children thrive. Who can take the time to do anything that is not essential to our own lives?

You who are reading these words know that this is not true. You volunteer in many ways – some highly visible, some less visible – to make our church work. You somehow manage the home, raise the kids, watch over the health of your loved ones, pay the bills, and still find the time to ensure that UCH has Sunday services, a healthy church culture, and an amazing variety of activities for enrichment and exploration.

Lay Liturgist Training

Training for lay liturgists is scheduled for 10:00 a.m. Saturday, Jan. 14, 2017, at our Clover Lane campus, focused on the Sundays of late winter/spring.

Lay liturgists are a bit like the stage managers for Sunday morning services. Duties include arriving early and preparing the sanctuaries for worship, assisting with service elements and often giving a member reflection on the given topic the minister has chosen for the sermon. Lay liturgists are asked to sign up for one or two Sundays when they can perform these duties at both services.

We hope to have lots of willing hands to add to the spiritual richness of our Sunday services! If you are interested in becoming a lay liturgist, please contact [Laura Edinger](#) or [Karen Sykes](#).

– Submitted by *Karen Sykes*

SUNDAY TRUSTEE ASSIGNMENTS		
DATE	MARKET STREET	CLOVER LANE
Jan 1	Laura Shemick	Rima Cameron
Jan 8	Guy Dannelly	Rima Cameron
Jan 15	Chris Dutton	Marilyn McHenry
Jan 22	Debbie Reihart	Nan Cavanaugh
Jan 29	Debbie Reihart	Laura Edinger

Sometimes we must reduce our volunteer activities, and then, when time and circumstances permit, we return. Sometimes, even if we do have a little volunteer energy available, we don't know there is a need for volunteers to do the work of the church. But, when we discover the need, we step forward.

You don't have to be the leader of a lay-led ministry or a member of the Board of Trustees to contribute to this place, our Unitarian Church of Harrisburg. Every week, volunteers usher visitors and members through our doors, welcoming them to our community. Every Sunday, adults help our children understand what UU values are, and how those values fit into their lives. Members of Small Group Ministry groups listen to one another with care and compassion, exploring various topics of spirit and ethics. Members of lay-led ministries tidy our roadsides, explore earth-based faith traditions, weed our gardens, read and discuss books. Members with a knack for numbers ensure we don't overdraw our bank account, and educate us on the cost of maintaining our properties.

The UCH Volunteer Fair takes place after services on Jan. 22 at Market Street and on Jan. 29 at Clover Lane. There will be descriptions of the many great and small tasks that make UCH work, and surely one will fit into your life. It may be only an hour for ushering, or it may be serving on the soon-to-be instituted Search Committee. If you like using your hands in solitude, there is work you can do. If you like thinking great thoughts in the companionship of others, there is work you can do. And if now is not the right time for you, rest easy. There is always work to be done, and you can step forward as your time and circumstances. .

Your servant in leadership,

Laura Shemick,

Board President

MUUsical Opportunities – For Singers Auld and New

January brings with it possibilities and resolutions. If your resolutions have anything to do with your physical, mental and spiritual health, we have the perfect way for you to stick to them: sing in the choir! Yes! Singing – especially in a group – has been scientifically demonstrated to make you healthier in all kinds of ways.

Here is a short list of the benefits of singing:

- ⊕ Singing strengthens the immune system.
- ⊕ Singing improves your posture and your lung capacity.
- ⊕ Singing helps you sleep.
- ⊕ Singing is a natural anti-depressant.
- ⊕ Singing makes you happier

Can you think of a more pleasant way to stick to your healthy resolutions than to sing with the wonderful folks that make up the UCH Choir? The Choir is always open to new members, so give us a try any Thursday evening at 7:00 in the Clover Lane Sanctuary. Maybe you'll discover your own benefits to add to the list!

– Submitted by Ann Hossler, Director of Music

Our Whole Lives: K-1 Orientation Jan 15

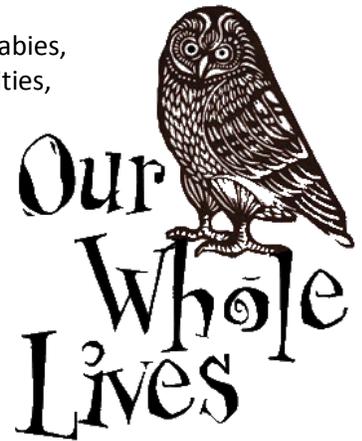
Our Whole Lives: Sexuality Education for Grades K-1 can help you educate your child about birth, babies, bodies, and families. You will be actively involved as your child learns through songs, stories, activities, and at-home projects that promote family dialogue.

All interested families (grown-ups plus children grades K-1) must attend a mandatory meeting and orientation Sunday, January 15th at Clover Lane.

- ⊕ Grown-ups only from 11:30-12:45 (during Religious Exploration)
- ⊕ Grown-ups and K-1 children from 1:30-2:45pm

We will supply lunch and dessert, as well as childcare for older/younger siblings.

To register your family for K-1 O.W.L., or if you have any questions, please contact DRE [Sara Palmer](#) (call/text 717-579-2026). "Owl be seeing you!"



Racial Justice Task Force: 2017 Plans

The Racial Justice Task Force is gearing up for a year-long series of events in 2017. Get ready for the rewarding experience of “unwrapping” race in America. We will start with a unique service on Sunday, January 8, filled with music, art, dance, and discussion on the topic.

Throughout the year, please join us for a variety of events. Some will be fun, some will be serious, some will be both; all will be a chance for deeper understanding.

Any questions? Please contact [David Spear](#) or DRE [Sara Palmer](#).

UUPLAN

Join the UUPLAN Justice Team meetings online with ZOOM!

Online link: <https://zoom.us/j/7132347624>

To find out more about the work of any of our Justice Teams, please feel free to participate in monthly conference calls (chart) or contact [Anita Mentzer](#).

–Submitted by Anita Mentzer

Monthly UUPLAN Conference Calls		
Team	Meeting Day	Time
Anti-Mass Incarceration	Last Monday	8:00 p.m.
Economic Justice	Third Thursday	7:00 p.m.
Environmental Justice	Second Thursday	7:30 p.m.
Immigration Justice	Third Monday	Noon
Gun Violence Prevention	Third Tuesday	7:00 p.m.
Reproductive Justice	Third Wednesday	7:00 p.m.
Telephone: 408-638-0968 or 646-558-8656 Meeting ID: 713 234 7624 Access code: 107933#		

The Rewards of Volunteering at UCH



As we move forward into 2017, there will be abundant opportunities to come together through participating in the activities of lay led ministries or by volunteering within the church community. Volunteering at UCH has provided me with an unmatched personal and professional growth

experience. When I initially started attending services at UCH, I was a graduate student working full-time and had very little time to do anything else. But, craving engagement beyond Sunday morning services, I joined the Auction Team for the 2007 auction. I met wonderful people and learned that I could help the church raise money even if I didn't have much to give myself. I hadn't known that possibility before – that volunteering, sharing ideas and working as a part of an organized team – could actually help benefit the church financially. It opened my eyes to the good work that volunteers can do and I gained friendship in a town and church that I was only just starting to know. In 2008, I completed my graduate program and immediately joined the choir that I had only been able to admire from afar up until that point. Sharing music has become one of my favorite ways of serving UCH. I have the opportunity to engage with lovely people on a weekly basis and to come together in song. These initial steps into volunteering at UCH allowed for new relationships to develop and the personal growth that accompanies that.

Then I started serving as a lay liturgist and my world opened up in a whole new way. Making sure that everything is set up for a Sunday service gave me an enhanced feeling of responsibility for how the service would ultimately run. Sharing reflections on the topic at hand for Sunday services opened me up to new ways of thinking about several different issues. Allowing for

vulnerability in public speaking was different for me and I continue to be grateful for that experience.

Then – for the ultimate church volunteer experience – leadership. I have been serving on the UCH Board of Trustees since the 2012 church year began. I have served as one of your Board members through some exceedingly joyful and through some really difficult times. Learning leadership is eye-opening and, during times of trial, it can be tough - but I can say with all honesty that it has been one of the most rewarding and enriching experiences of my adult life. Serving on the Board has allowed me to grow spiritually and emotionally. It has allowed me to hone leadership skills by practicing them and getting meaningful and constructive feedback when I make mistakes. It has provided me with the opportunity to live and serve my UU values in ways that I could not have imagined before nor could I have done without this experience as a guiding force. Serving on the Board has allowed me to grow professionally as well. The skills that I'm learning as a Board member are broadly applicable and have provided me with opportunities for success at work that I may not have achieved without having had my Board experience.

I am grateful every day for UCH and for the ample volunteer experiences here that have allowed me to serve this community that I love dearly and have allowed me to reap untold intangible rewards in that service. I strongly encourage everyone to attend one of the Volunteer and Community Engagement fairs (January 22 (MS) and 29 (CL)) to find a place to even more deeply connect with our beloved community. Engagement is a universal gift – one that you give to the church and to yourself.

Blessings to you all in the New Year and beyond,

Laura Edinger

Get Ready for the Volunteer & Community Engagement Fair!!!

Did you know that through UCH you can help keep a neighboring highway clean, practice yoga or meditation, talk about some excellent non-fiction books, participate in charity walks, work with our children on Sunday mornings, beautify the church grounds, and many other diverse activities.

Your chance to learn more about these opportunities and many others comes on Jan. 22 (Market Street) and Jan. 29 (Clover Lane), during the Volunteer & Community Engagement Fair. The Volunteer & Community Engagement Fair team is hosting nearly 25 lay-led ministries and other organizations that are looking for new people to join their ranks.

The Fair will be held in the Common Room at each campus following worship. Each participating group will have a display explaining its purpose and work, handout materials, and a sign-up sheet for new members. Someone from each organization will be at the display to discuss the group's activities, the time commitment involved, and the need for new members. Each group also will provide some snacks to go with your coffee!!

By working together in a variety of ways, we can do great things at both of our church locations, building a stronger bridge between the suburbs and the city. The Fair is a fun way to find out what all is going on and how you can be a bigger part of the action. Please join us on January 22 and/or 29 to help build a more inclusive community.

—Submitted by Guy Dannelly



LaGrone Scholars and Mentors Holiday Gathering

The Oliver LaGrone Scholarship Committee hosted a holiday luncheon Dec. 26 at Stocks on Second in downtown Harrisburg. The annual gathering serves to reaffirm to the Scholars their Mentors' and Committee member's personal interest in their success.

Daouda Kassimou, 2013 Scholar, is scheduled to graduate from Penn State Harrisburg in spring 2018. His mentor, David Spear, an engineer himself, has tutored Daouda for several engineering courses. They met during the week before Christmas because David had a schedule conflict for the luncheon.



Merced Rameriz, 2014 Scholar, will graduate from Messiah College in spring 2017 with a degree in International Business. His mentor, Jeff Sigel, is Vice President, Marketing, with Ahold USA/Giant. This Scholar/Mentor pair is a match not only in professional interests, but in their commitment to community service in Harrisburg as well.

Taryana Peterson, 2016 Scholar, plans to transfer next year from Xavier University in New Orleans, likely to Temple University in Philadelphia. She plans to major in psychology. Her Mentor, Dr. Mary Lynn Fecile, also in the medical field, texted with Taryana during the luncheon and plan to meet one-on-one between the holidays.

Amy Allen, Lee Olson, and Cordell Affeldt of the LaGrone Committee attended, along with Amy's children and her French exchange student. Chairperson Margaret Carrow and Jessica Chuckalovcak of the Committee were unable to attend.

Thanks from The OLIVER COLLECTIVE

Thanks to all Oliver LaGrone Scholarship Fund contributors for the 2017 showings of THE OLIVER COLLECTIVE. Total income: \$507.

Thanks to Producer:

👤 Wally Wenkler

Thanks to artists:

👤 Cordell Affeldt	👤 Linda Hope
👤 Wendy Colby	👤 Joe Melillo
👤 Mary Lynn Fecile	👤 Karen Sykes
👤 John Gilbert	👤 Wally Wenkler
👤 Patti Hazell	👤 Marybeth Williams

And thanks to involved supporters:

👤 Larry Beyer	👤 Charlene Senglaub
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COLLECTIVE Hits Pause

After seven years, THE OLIVER COLLECTIVE is hitting the pause button. The evolving life of UCH will shape future plans.

THE OLIVER COLLECTIVE is a group of UCH artists who donate their artistic creations as premiums for contributions to the Oliver LaGrone Scholarship Fund. Since spring 2009, over the course of 14 showings, the COLLECTIVE has generated \$21,191.58 for the Fund.

We extend a warm thank you to the numerous artists who have shared their talent and energy for the social justice cause of the Scholarship. The logistical support offered by Wendy Colby, Patti Hazell, and Wally Wenkler and others has been essential. The booklet for the 25th anniversary of the re-organized Fund will include the names of all the historic participants. We thank also the many individuals who have invigorated our creativity by making a contribution to the Fund in return for a premium.

The LaGrone Scholarship will continue to be awarded. The Oliver LaGrone Scholarship Committee of UCH is charged with implementing the program. The UCH Finance Committee oversees the principal in the Fund, currently over \$225,000. The stability of the program is reinforced by UCH congregational action in May 2016, incorporating the LaGrone Scholarship into church by-laws. The 2017 Scholar will receive \$7000.

—Submitted by Cordell Affeldt

Philosophy and Literature

The Philosophy & Literature Group normally meets on the second Sunday of each month (except May, when it meets on the third Sunday). The group met in December and selected the following reading list for 2017.

MONTH	BOOK
January	<i>Autobiography of Benjamin Franklin</i> . Written initially to guide his son, Franklin's autobiography is an account of his unique and eventful life.
February	<i>The Wild Trees: A Story of Passion and Daring</i> by Richard Preston. A book about the wonder of large trees such as the redwoods and the people who study them.
March	<i>Strangers in Their Own Land: Anger and Mourning on the American Right</i> , by Arlie Russell Hochschild. How life feels to people on the right in the emotion underlying politics.
April	<i>Every Love Story is A Ghost Story: A Life of David Foster Wallace</i> : by D. T. Max. The story of the of the life of the respected writer David Foster Wallace
May	<i>The Price of Altruism</i> , George Price and the <i>Search for Origins of Kindness</i> by Oren Harman. The story of one scientist's quest to determine the source of altruism in humans.
June	<i>Redefining Realness: My Path to Womanhood, Identity, Love & So Much More</i> by Janet Moch. The story of one person's growing up young, multiracial, poor, and trans in America.
July	<i>American Philosophy: A Love Story</i> by John Kaag. The story of how the discovery of an abandoned library helped a person understand the meaning of life.
August	<i>The Bad-ass Librarians of Timbuktu</i> by Joshua Hammer. The story of how a few courageous librarians saved some of the world's most precious manuscripts from destruction.
September	<i>But What If We're Wrong? Thinking About the Present As If It Were the Past</i> by Chuck Klosterman. Questions profound in simplicity, such as how sure are we about gravity.
October	<i>White Trash: The 400-Year Untold History of Class in America</i> by Nancy Isenberg. The book describes the role of class in the United States from the beginning of the country
November	<i>The Oregon Trail: An American Journey</i> , by Rinker Buck. A story about a modern-day journey by wagon from Kansas to Oregon by the author and his brother.

Membership News

Annabelle Stone-Thonus

UCH members Ben and Nikki Stone-Thonus presented their daughter, Annabelle Victoria, to our church in a Dedication Ceremony during services at Clover Lane on Dec. 4, with the Rev. Mike Walker officiating. It was also her first birthday.

Accompanying her parents in the ceremony was her brother, Jackson, 4. She is the granddaughter of UCH member Pat Kauffman.



Jack Lybarger

Jessica and Grant Lybarger are pleased to announce the birth of their son, Jack Kratos Lybarger, born Dec. 11, 2016 at Harrisburg Hospital. He weighed 3 lbs 1 oz. and was 16 inches long.



Jess is the daughter of UCH member Patti Hazell.

DATE	TIME	GROUP	LOCATION
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Mon 2	6:30	Amrit Yoga (Weekly)	Clover Lane
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Amrit yoga is a form of hatha yoga developed by Yogi Amrit Desai. The entire process moves and stretches every part of your body for an energetic workout and includes a calming, meditative relaxation at the end. **Repeats every Monday.** Contact [Ed Sykes](#). No experience necessary!



Tue 3	7:00	Mindfulness Meditation Group (Weekly)	Clover Lane
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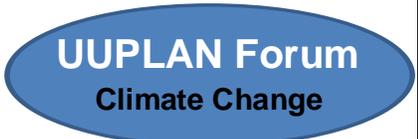
Mindfulness is an acquired skill, practiced while meditating but vital in our everyday lives. Mindfulness is helpful in reducing stress, managing pain, focusing attention, and overcoming habitual negative behavior. Mindfulness can also point the way to spiritual practice, calming the mind and developing awareness and insight.



The ability to be mindful is strengthened through consistent practice. Mindfulness Meditation Group provides a space for us to practice together in support of one another. Contact [Chuck Daley](#). **Repeats every Tuesday.**

Tue 3	7:00	First Tuesday Forum	Clover Lane
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UUPLAN offers a monthly *Journey to Justice* discussion series at Clover Lane on the first Tuesday of each month. This month, Prof. Donald Brown, Scholar in Residence at Widener University Commonwealth Law School, will provide an update from the COP-22 conference on Climate Change, held Nov. 7-18 in Marrakesh, Morocco. Background on ethics and climate change appear at [this link](#). The Forum is free and open to the public.



Looking ahead: On Feb. 2, we will screen *Before the Flood*, a well done and engaging film that covers many perspectives of climate science. Contact [Anita Mentzer](#) or [Rachel Mark](#).

Wed 4	6:00	Queen Spirit (Monthly)	Clover Lane
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Queen Spirit is a co-created women's spirituality circle that meets on the first Wednesday of the month. This month, we meet to plan out 2017 circles!



Bring a favorite dish, dessert or beverage to share. Bring your place setting and serving spoons and plates. Potluck dinner at 6:00 p.m. Circle from 7:00 p.m. to 8:00 p.m. Contact [Randa Todd](#) for further information.

Sun 8	10:00	Sunday Morning Forum	Clover Lane
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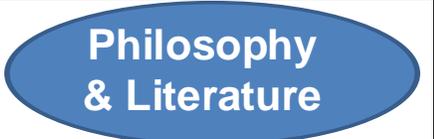
The lay-led Sunday Morning Forum meets each Sunday at 10:00 a.m. at Clover Lane. The group meets for an hour of discussion about an important societal topic. Topics change every week and are led by different individuals.



The weekly facilitator will choose the topic in advance so attendees can read ahead. Please contact [Susan Jones-Sink](#) or [Kathryn Ersoz](#) with your ideas for discussion topics. **Repeats weekly. No forum on Jan. 1.**

Sun 8	7:00	Philosophy and Literature Group (Monthly)	Clover Lane
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The Philosophy & Literature Group normally meets on the second Sunday of each month, usually at Clover Lane. This month, we meet to discuss *The Autobiography of Benjamin Franklin*. The book list for 2017 appears on page 6.



All are welcome. Please contact [Don Brown](#) for information.

Tue 10	6:30	Women's Night Out (Monthly)	Off-site
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Women's Night Out is a lay-led ministry that focuses on the friendship and support of its members and giving back to our local community. We normally meet on the second Tuesday of the month at a local restaurant, alternating locations between the East and West Shores. Each month at dinner, participants take a collection. Proceeds are divided between the Ecumenical Food Pantry and UCH.

Our group meets Tuesday, Jan. 10, at 6:30 p.m., Isaac's in Lemoyne. Please RSVP to [Linda Brown](#) by the Sunday beforehand.

Shore	Date	Location	Municipality
West	01/10/17	Isaac's/West Shore Plaza	Lemoyne
East	02/14/17	Peachtree/Progress Ave	Harrisburg
West	03/14/17	Bangkok Wok/Gateway Plaza	Mechanicsburg
East	04/11/17	Gabriella's/Jonestown Rd	Harrisburg
West	05/09/17	Pizza Grille/Gettysburg Road	Camp Hill
East	06/13/17	Progress Grille/Walnut Street	Harrisburg

DATE	TIME	GROUP	LOCATION
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Sat 14	9:00	Common Ground Café (twice a month)	Market
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Common Ground Café occurs at our Market Street campus on the second and last Saturday of the month. The café opens at 9:00 a.m., and you can be a part of the action! No experience necessary, and drop-ins are always welcome.
Repeats January 28. To join the list of volunteers, please contact [Clay Lambert](#).



Sun 15	10:30	UUCF Communion Service	Market
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UCH's UU Christian Fellowship will have a Holy Communion service on Jan. 15 at Market Street immediately following the 9:30 service, with Rev. Richard Gordon presiding. Please contact [Yvonne Hursh](#) if interested in assisting with the service.



Tue 17	10:00	CroneSpirit (Monthly)	Clover Lane
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The lay-led ministry CroneSpirit meets from 10 a.m. - noon in Fuller Chapel at the Clover Lane campus. Our topic this month is "What Are Your Sources of Personal Power and Self-Esteem." We are:

- A discussion group for women over 65, both UCH members and non-members
- Honoring a crone tradition of conscious female aging and self-power
- For personal enrichment, such as through intellect, knowledge, comfort or companionship, anticipating a maximum of 10 women
- Sharing, listening and learning, without gossip to or about each other

We look forward to seeing you. For information, please contact [Joan Hellmann](#).



Wed 18	6:00	Clover Grove (Monthly)	Clover Lane
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Clover Grove is a group of earth-centered and pagan spiritualists that meets on the third Wednesday. This month, we are celebrating Chinese New Year! Bring a Chinese dinner to share - something that is a favorite of yours. We will also plan out the remainder of the Clover Grove 2017 calendar, so please bring ideas to the table! There is no child care available. All are welcome!
 Contact [Wayne Minich](#) for further information.



Fri 20	7:30	Clover Lane Coffee House (monthly)	Clover Lane
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Clover Lane Coffee House occurs monthly from September to April, normally on the third Friday. This month, we are pleased to host Jay Umble Jazz Trio. Admission \$10 donation, \$25 max per family. All are welcome. Please contact [Bart Carpenter](#).
 Among other things, Jay is an adjunct music faculty member at Bucknell University, Susquehanna University and Messiah College; leader of several local bands; and the author of nine publications on jazz and blues guitar. He has four solo CDs. Joining him are his talented son, Theo (drums) and fellow jazz musician Steve Meashey (upright Bass).



Looking ahead:
 On Feb. 17, Clover Lane Coffee House welcomes perennial favorite **Janie Womack** in a double-bill with **Bobbi Carmitchell**.
 On March 17, Clove Lane Coffee House hosts a world music jazz duo, **Hejira**, with "our own" **JD Stillwater** accompanying them on drum.



DATE	TIME	GROUP	LOCATION
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Tue 24	6:30	UCH Auction Committee	Clover Lane
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The Auction Planning Committee meets the 4th Tuesday of each month in the Priestley Room at Clover Lane. Come brainstorm ideas, themes and be a part of the fun, food, and fabulous Auction Committee. Your talent and help planning the 2017 All-Church Auction is always welcome. We are looking for ideas to make this year's auction a huge success and need your help. Please contact [Patti Hazell](#) for additional information.



Sat 28	9:00	New Member Class	Market
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The Membership Action Council welcomes all and sundry for an introduction to Unitarian Universalism as practiced at the UCH! The class runs from 9:00 a.m. to noon, with childcare available by prior arrangements. Content includes *Jeopardy!*, discussion of Unitarian Universalism (past, present, and future), and specifics about the UCH congregation. All are welcome, and please feel free to refer a friend. Please contact [Bart Carpenter](#) or [Leta Beam](#) to pre-register. *Snow date: Feb. 11*

Famous UUs in the U.S.	7 Principles	UCH Folks	Lay-Led Ministries	UU History
<u>100</u>	<u>100</u>	<u>100</u>	<u>100</u>	<u>100</u>
<u>200</u>	<u>200</u>	<u>200</u>	<u>200</u>	<u>200</u>
<u>300</u>	<u>300</u>	<u>300</u>	<u>300</u>	<u>300</u>
<u>400</u>	<u>400</u>	<u>400</u>	<u>400</u>	<u>400</u>
<u>500</u>	<u>500</u>	<u>500</u>	<u>500</u>	<u>500</u>

Next New Membership Class:
9:00 a.m. Saturday, Jan. 28, Market Street

Save the Date!

April 30, 2017: Twenty-fifth Anniversary of Oliver LaGrone Scholarship
 The mission of the Oliver LaGrone Scholarship Committee is to facilitate and broaden the aspirations of the Harrisburg School District student toward furthering their education. For the past 24 years, we have accomplished this by providing personal support, advocacy and financial assistance for the students' post-secondary education. With the help of UCH members, we have maintained the legacy of Oliver LaGrone, the inspiration for this scholarship.



We are cordially inviting everyone to celebrate with the Oliver LaGrone Scholarship Committee – whether you have been a Groupie, part of the **OLIVER COLLECTIVE**, on the yearly Selection Panel, a mentor, on the Scholarship Committee, or a member of UCH – to the 25th anniversary of the Oliver LaGrone Scholarship on Sunday, April 30, 2017. Meet the 2017 scholar and celebrate with us.

So remember -"Save the Date" - Sunday April 30th, 2017. Looking for volunteers to make this an even greater celebration! Please contact [Margaret C. Carrow](#) (717-260-9449) for further information.

June 3, 2017: All-Church Picnic
 The all-church picnic will be Saturday, June 3, 2017, at the Lakeview Pavilion (last year was at Woodlawn) at Pinchot State Park. Stay tuned for details in the spring. Please contact [Marj Hartman](#) if interested in assisting with planning and coordination.



January 2017 At-a-Glance

Week	Time	Sun 1-Jan	Mon 2-Jan	Tue 3-Jan	Wed 4-Jan	Thu 5-Jan	Fri 6-Jan	Sat 7-Jan			
1	a.m.	9:30	Worship		10:00	Comm. Center	10:00	Comm. Center			
		11:30	Worship								
	p.m.		6:30	Amrit Yoga	7:00	MMG	7:00	Choir Rehearsal			
				7:00	UUPLAN Forum Climate Change	6:00	Queen Spirit Planning 2017	7:00	Stoltzfus/Hamstra Small Group		
2	a.m.	9:30	Worship					8:00	Comm. Breakfast		
		10:00	Forum	10:00	Comm. Center			10:00	Liturgist Training		
		11:30	Worship			10:00	Comm. Center		11:30	Cameron/Ersoz Small Group	
	p.m.	7:00	Phil/Lit	6:30	Amrit Yoga	6:30	Women's Night Out (off-site)				
				7:00	Hall/Reihart Small Group	7:00	MMG	7:00	Choir Rehearsal		
3	a.m.	9:30	Worship	10:00	Comm. Center	10:00	Crone Spirit Personal Power /Self Esteem	10:00	Comm. Center		
		10:00	Forum								
		11:30	Worship								
	p.m.	1:30	OWL Families	6:30	Amrit Yoga	7:00	MMG	6:00	Clover Grove: Chinese New Year		
				7:00	Melillo McCauslin Small Group			7:00	Choir Rehearsal		
							7:30	Coffee House: Jay Umble Jazz Trio			
4	a.m.	9:30	Worship	10:00	Comm. Center				8:00	Comm. Breakfast	
		10:00	Forum			10:00	Comm. Center			9:00	New Members Class
		11:30	Worship								
	p.m.		6:30	Amrit Yoga	7:00	MMG			7:00	Choir Rehearsal	
5	a.m.	9:30	Worship								
		10:00	Forum	3:00	Comm. Center						
		11:30	Worship								
p.m.		23:30	Amrit Yoga	7:00	MMG						

Non-Repeating

@ Market Street

Ecumenical Food Pantry

The UCH is one of nearly 70 organizations that sustain the Ecumenical Food Pantry (901 North Sixth Street, at Messiah Lutheran Church). Volunteers are needed to (1) help pack and distribute food on fourth Friday afternoons from 12:30 p.m. to 2:00 p.m. and/or (2) substitute on an occasional basis during Pantry hours (9:30 – 2:00 Monday-Friday). No experience necessary!

The Pantry serves more households in Dauphin County than any other pantry.

- ⊕ The Pantry will provide a 3-day supply of food to any person with a voucher from one of 50 cooperating agencies and churches that verify family size and need.
- ⊕ Clients can return again after 30 days with another voucher.
- ⊕ The Pantry is operated and staffed solely by more than 200 volunteers.
- ⊕ Non-perishable items are pre-packed based on family size to keep waiting time for clients to a minimum.
- ⊕ Frozen and refrigerated items are added to the orders when they are picked up.

The Food Pantry is supported by:

- ⊕ Food and financial donations from UCH and other local churches, organizations and individuals
- ⊕ Grants from the Commonwealth of Pennsylvania
- ⊕ Surplus foods from USDA

Please contact [Michael Mark](#) for additional information.

