



The Unitarian Church of Harrisburg: Building Bridges, Celebrating Community

The Wayside Pulpit

What Can We Accept and What Can We Change

By Rev. Michael Walker, Interim Minister



Dear friends,

Many times, I've been struck by the profound simplicity of Reinhold Niebuhr's Serenity Prayer:

O God, give us the serenity to accept what cannot be changed,

the courage to change what can be changed,
and the wisdom to know the one from the other.

This prayer has, since it was first penned, taken many forms and become a touchstone in Twelve Step programs. It is based in the Christian tradition, of course, but also echoes the primary teaching of Buddhism. That is, when we cannot accept life as it is, we cause ourselves to suffer. Most Buddhist practices are methods of accepting (or learning to accept) that which is, thereby alleviating our suffering.

It is sometimes a struggle to let go of those things we want, or those issues we wish would turn out in the way we would like. Life, politics, families — these are systems with many moving parts, of which our own, personal contributions are only one part. The contributions of others can make whatever it is go in a different direction than we might have liked. After we get over our disappointment, can we learn to accept and work with the new reality? Or do we hold onto our broken dreams and suffer? There really isn't much middle ground on this.

For example, I and many others spoke out vociferously against the Bush-Cheney administration and campaigned to disallow them a second term. We failed. We all had a choice. After our initial disappointment, we could either accept the outcome, or not. Wallowing in despair for four more years would help no one, least of all, ourselves.

A more personal example: My birth-parents became pregnant with me while still in high school. They were not yet ready to be parents, nor were they well suited for each other as life-partners. My parents soon separated and my mother married another man, who became (and still is) my father. He adopted me when I was three. My parents perhaps made a mistake by deciding not to reveal this history to me until I was in college; the revelation finally made a lifetime of mysteries become clear. Why did the side of the family I now know to be adoptive treat me as if I were some strange creature? What were all of the things partially said, and then turned to awkward silence, by relatives who did not agree with this decision? After a couple of years of processing, meeting members of my birth-father's side of the family, and so on, I needed to accept my history and learn to live with it. Does it do anyone (including me) any good to harbor anger over the deception, over the years of forced separation from part of my family? What's done is done. My parents had reasons they felt were important. I cannot change the past; I can only affect the future.

One last example: However flawed the process may have been, UCH decided to buy the Market Street building. This is done; it is

Worship Services

Sundays at 9:30 a.m. Market Street, 11:30 a.m. Clover Lane

Mar 6 *Dogen Zenji and Lessons about Impermanence* Rev. Mike Walker
Taking a Zen approach, Rev. Mike will guide us on an exploration of impermanence and simplicity as watchwords for life, and ways of accepting that which is, without undue stress over that which is not. How do we walk through life, providing a non-anxious presence? The readings this week will be from Buddhist *sutras* (scriptures).

Mar 13 *A Change Will Do You ...?* Rev. Joan Van Becelaere/Rev David Pyle
American religion is changing, and yet change is hard. How we relate to our faith communities, and how those communities relate to the world is in flux, and that has implications for how we are leaders and members of congregations through such a time of change. Rev. Van Becelaere and Rev. Pyle will present a "Sermon in Dialogue" on the nature of the changes before our congregations, and the resources and experience our congregations have to thrive amidst those changes.

Note: Rev. Van Becelaere is the Regional Lead of UUA's Central East Region. Rev. Pyle is District Executive of the Joseph Priestley District of the UUA, and the Central East Regional Primary Contact for the Central Pennsylvania Cluster, including UCH.

Mar 20 *Faith, Hope and Love Abide* Rev. Mike Walker
This was previously scheduled for January, but was postponed due to snow.

About his own UU congregation, Rev. Dr. Robert French Leavens once wrote:

Through this quiet hour breathes

The worship of ages,

The cathedral music of history.

Three unseen guests attend,

Faith, hope, and love: Let all our hearts prepare them a place.

A Biblical phrase that has entered common parlance is "Faith, hope, love abide... and the greatest of these is love." (1 Cor. 13:13.) This morning, we explore what faith, hope and love have to offer in our contemporary, secular world.

Mar 27 *Arisen Again: The Meaning of Resurrection Myths* Rev. Mike Walker
On this Easter Sunday, Rev. Mike explores the meaning of various myths about resurrection and why they have been important to us throughout history. Christianity has one story to tell, the Pagans another, as do others. We look at mythology through the critical lens of modernity, using story to find meaning. This service will be structured a bit differently than most, to make it family-friendly and multi-generational. No regular RGL programming this Sunday.

in the past. Over the last several years, I'm told that a few people have suggested that we simply sell that building — thinking that will solve all our problems. This disregards the fact that around 150 UCH members (about half of UCH) now consider this place to be their spiritual home. My counsel is that we cannot change the past, we cannot roll back time and return to just how things were in some perceived golden era. We can only affect the future, and to do so in a helpful and healthy way, we need to accept certain realities that exist now. One of those realities is that we own two buildings. Many, many other things would need to change before we so blithely suggest selling one (either one). It is not so simple as a real estate transaction, because the hopes and dreams, the emotions and spirituality, of so many people are involved. Finding a way to honor this reality, and honor the feelings of everyone involved (on all sides), is a healthy and helpful way to proceed.

This article ended up being longer than I intended, but it is not always so easy to accept that which *is*, whatever *is* is. In so many facets of our lives, we have personal desires and plans, and sometimes need to remind ourselves to have the flexibility to accept that plans change, based on the desires of many. I am not the only person with an opinion on who should be president, and will have to accept the outcome. Even if it's Trump...

May it ever be so and blessed be you all

— Rev. Mike

Crafting Community out of Conflict

Half-Day Workshop on Conflict Resolution, with Dr. John Reuwer

The aftermath of nonviolence is the creation of the beloved community, while the aftermath of violence is tragic bitterness. – Dr. Martin Luther King Jr

The Healthy Congregations Task Force (HCTF) invites all UCH members and friends to strengthen their commitment to our church by participating in a workshop aimed at increasing our sense of belonging and connection. Important decisions are going to be made at UCH in the months ahead, and we know that there will be

conflict. But we believe that this very conflict is an opportunity for us to get to know each other on a deeper level. If we listen to one another with true empathy, we will learn more about each other's hopes, dreams, and aspirations.

Please join us on Saturday, April 2, for an interactive workshop on *Crafting Community out of Conflict*, funded by several generous UCH members. This program is meant to build upon and enhance the ideas outlined in the [Six Steps for Resolving Conflicts](#) (printable version available at [this link](#)). Our facilitator, known locally as Dr. John, is an emergency physician currently on sabbatical from South Burlington, VT. He is an adjunct professor of conflict resolution at St. Michael's College, and for the past 30 years he has been doing freelance work in the areas of holistic wellness, nonviolent action, and nonviolent communication, including working with a UU congregation in Burlington. He has seen how congregations in conflict can benefit greatly from learning to listen to each other with true empathy.

The workshop will be held at the Clover Lane campus from 8:30 -12:30; light refreshments will be served. Please contact [Kate Carpenter](#) to register for the workshop and/or to get more information. Requests for childcare must be submitted to Kate by March 23.

Members of the HCTF include Kate Carpenter, Nancy Hall, Bob Bargh, Karen Mallah, Kendra Trufahnestock and Sandy Hamstra. If you have questions and concerns, you can write to us at hctf@harrisburguu.org.

—Submitted by Kate Carpenter, HCTF

**Conflict Resolution
4-Hour Seminar April 2**

Unitarian Church of Harrisburg

March 2016 At-a-Glance

DATE	TIME	SPEAKER
Tue 1	7:00	Mindfulness Meditation Group
Wed 2	6:00	QueenSpirit
	7:00	Choir practice (Market Street)
Thu 3	7:00	Choir practice (Clover Lane)
Sun 6	various	Sunday worship, both campuses
Mon 7	6:30	Amrit Yoga
Tue 8	6:30	Women's Night Out (off-site)
	7:00	Mindfulness Meditation Group
Thu 10	7:00	Choir practice, both campuses
Sat 12	9:00	Common Ground Café
Sun 13	Various	Sunday worship, both campuses
	7:00	Philosophy and Literature
Mon 14	6:30	Amrit Yoga
Tue 15	10:00	CroneSpirit
	7:00	Mindfulness Meditation Group
Wed 16	6:00	Clover Grove
Thu 17	7:00	Choir practice, both campuses
Fri 18	7:30	Clover Lane Coffee House
Sun 20	Various	Sunday worship, both campuses
Mon 21	6:30	Amrit Yoga
Tue 22	6:30	Auction Committee
	7:00	Mindfulness Meditation Group
Thu 24	7:00	Choir practice, both campuses
Sat 26	9:00	Common Ground Café
Sun 27	various	Sunday worship, both campuses
Mon 28	6:30	Amrit Yoga
Tue 29	7:00	Mindfulness Meditation Group
Thu 31	7:00	Choir practice, both campuses

 Occurs at Market Street campus

**Share the Plate for March
Alder Health Services**

Message from our President



By Laura Shemick, President

This month, I want to share some personal experiences with you. These experiences have shaped my life of late, and my service at UCH. They are not particularly happy, so please don't read them aloud to your small children.

A number of years ago I decided to change my career from law to teaching adults. It was difficult to find a position as an adult educator, even with a master's degree in the

field, but I did find a place as a trainer in a state-wide organization. The economic meltdown in 2008 had a severe, if delayed, effect on the organization, and budget pressures there ended my employment in 2013. Since that time, I have "networked" with numerous people, employed a career coach, and sat through classes at the local government employment office designed to help me, as an older worker, to find paying work. I have completed 100 online applications for work in my fields and in related fields, sat through civil service tests, mailed dozens of paper resumes with heartfelt cover letters explaining why my particular combination of education and experience would make me a great asset to an organization, and have received no offers of professional employment. Unemployment compensation ended after six months; since then, I have relied on the generosity of my family, contract editing and research work, and a little tutoring to make ends meet.

This winter I applied for and received government health benefits for myself, thus joining the great number of Americans who are denounced by reactionaries as unproductive leeches on society. I worried that my foresight in accumulating retirement assets, and my good fortune of owning a home, would bar me from government assistance and require me to weaken or erase my ability to live modestly in old age; current government policies are compassionate, however, and do not require me to use my retirement assets to stay afloat during my personal economic crisis.

Recently I decided to give up on my professions and to become one of the huge number of underemployed adults in our country. I am now working as an hourly worker in a company described as one of the best employers in the nation. My schedule varies from day to day and I stand on my feet a lot, smiling cheerfully at customers. I get a 20-minute break during eight hours to eat a meal, make phone calls and check email.

A few of us at UCH have always had work lives such as this. Most have never had to endure feet that won't stop aching, or a persistent and overwhelming sense of disbelief that this is the only company that is willing to pay me for my time. Few of us have had to apply for basic government benefits; for most of us, government benefits have meant subsidies on student loans, or the itemized mortgage interest deduction on income taxes, or perhaps tax incentives for installing solar panels.

So, what's the point? My current situation leads to me make the following observations:

(1) I can't always get what I want. Simply because I have specific skills and education and experience does not mean I can shape my life to be as I think it ought to be. Just because I'd like a desk job

MARCH TRUSTEE ASSIGNMENTS		
DATE	MARKET STREET	CLOVER LANE
March 6	Tom Conners	Nan Cavanaugh
March 13	Laura Shemick	Dave Forster
March 20	Mary Henninger-Voss	Marilyn McHenry
March 27	Debbie Reihart	Laura Edinger

evaluating interesting and difficult problems and devising workable solutions doesn't mean I can have one.

(2) My lifestyle preferences are not currently supported by my resources. I cannot have delicious dinners at pleasant restaurants in my current circumstances, nor can I buy unique presents for birthdays and holidays. I can, however, make my own nutritious meals at home, as time permits, and be kind, cheerful and inspiring to everyone on my former gift list.

(3) My life is what I've made of it. I could have made any number of career choices over the past 35 years that would have landed me in a different place. I didn't. I'm here. I have to live with it.

(4) The only one who can set my life in order, or in a new direction, is me. I can stubbornly cling to my rules, unwavering in my belief that the only way I may earn a living is through my professional training and experience. I can also be open to new ways of making a living, provided, of course, that my aging body can take it.

And, you may now ask, why should any of this personal stuff be in the UCH Reporter? There are a number of reasons. First, it's a wake-up call for those of us who have been financially secure, or relatively secure, over most of their lives. The person you meet at Coffee Hour may be struggling to pay his/her heat bill, but we don't talk about such things. Neither do we talk about how tough it is to get through the process of applying for Social Security Disability, or the deportation process, or the Accelerated Rehabilitative Disposition program of the state criminal courts. We don't talk about losing our drivers' licenses for failure to pay tickets, or the convictions box on employment forms. We don't talk about the struggles we endure in getting through an unsympathetic society, because society, by and large, is sympathetic to us. Most of us have an intellectual understanding of survival, but few of us are in the midst of it.

Second, it's all an analogy to life at UCH. We are here, in 2016, having purchased a second building in 2009. At that time we had more than 400 members. We have a little over 300 members now. We cannot, with our current resources, afford two full-time staffs and identical or equivalent programming at two sites. We can't have what we seem to want, at least not at this moment in time. But we are certainly in charge of our own destiny as a congregation. What do we want, and how can we make that happen as a community? How badly do we want it? What do we need to do to make that happen? Will you commit yourself to making it happen, as a member of this community?

I have committed myself, and I continue to commit myself, to this Unitarian Church of Harrisburg. It is my congregation, with its funny, sometimes cantankerous, always lively and thoughtful people. Collectively, we have enough intelligence and energy and experience and patience to form a common vision and to achieve it. We are awesomely stubborn and determined. We can do this.

Respectfully submitted, Laura Shemick

LaGrone News

🍌 **Stanley Lumpkin (2012)**

Stanley Lumpkin, our 2012 Oliver LaGrone Scholar, lunched with his mentor, UCH member Rick Hawley, at CJ's in Shippensburg on January 31. While attending classes, Stanley also works for Pepsi and has an internship with Enterprise. He recently took a *Business in the World* class and spoke on how it really opened his eyes to the social justice aspect and responsibility that comes from being in the business world. Stanley is scheduled to graduate from Shippensburg University in December.

🍌 **Book Shuffle Update**

The Oliver LaGrone Scholarship Committee is pleased to announce that we made \$709 at the recent Book Shuffle. That's over half of one year's scholarship disbursement of \$1,625. Thank you to everyone who helped make the sale a whopping success!

Since the program started in 1992, the Oliver LaGrone Scholarship Committee has disbursed more than \$100,000 to 25 Harrisburg residents to complete their post-high school education.

-Submitted by Jessica Chuckalovcak

Letter of Resignation

It is with regret and much sadness that I let you know I will be resigning as Music Director of Clover Lane at the end of May. When I left as Music Director of my UU church in Tennessee to move back to Pennsylvania, I never imagined I would be occupying that position again. It has been a most rewarding experience to work with another beginning choir and bring them together both musically and spiritually. I am very proud of our Clover Lane choir for their dedication and understanding of what they do, not just as an enhancement to worship, but as ministry to the congregation. While leaving always means new beginnings (we will relocate in the next year or two to nearby Elizabethtown), it also brings sadness at having to leave my community for at least the next year. This congregation is poised on the brink of real and needed changes and, I hope, will grow and develop in a most healthy way into its future. My thoughts will be with you all as you move forward.

With deep gratitude, *Linda Hope*

Getting Ahead, March 16-June 29

Once again, the Getting Ahead program will be held at our Market Street campus, beginning March 16, and will continue each Wednesday for 16 weeks, ending on June 29. Getting Ahead is a program that helps individuals in poverty to build their resources for a more prosperous life for themselves, their families, and their communities.

The Getting Ahead curriculum:

- 🍌 Involves rigorous work in a safe learning environment with the support of an experienced facilitator and co-facilitator.
- 🍌 Enables participants, called "investigators," to examine their own experience of poverty as well as explore issues in the community that impact poverty – banking, housing, jobs, transportation – providing critical information the community can use to take action to end poverty.
- 🍌 Guides investigators through an assessment of their own resources and how to build those resources as part of their move to self-sufficiency.
- 🍌 Puts the concepts, tools, and relationships in the hands of people in poverty to make a difference in their own lives and in the life of their community.

UCH members and friends have raised \$5, 000 to provide the stipends for the participants and the childcare providers, as well as compensation for the two trained classroom facilitators. UCH donates space for the Wednesday evening classes. Also, all members and friends are asked to consider providing a meal for approximately 20-25 folks on one (or more) Wednesday evening, at 5:30 p.m. during the 16-week time period. These meals can be prepared by an individual, a family, a lay-led ministry, or by an organization you may belong to outside of UCH, i.e., Rotary Club, scout troop, or a neighborhood group. Building bridges – creating community!!

ALL DATES WEDNESDAYS, DINNER SERVED AT 5:30 PM

March 16	April 13	May 11	June 8
March 23	April 20	May 18	June 15
March 30	April 27	May 25	June 22
April 6	May 4	June 1	June 29

This could be you!



Please see/contact [Marjy Hartman](#) to sign up for a Wednesday meal.

-Submitted by Marjy Hartman

Helping People in Prison and their Families:

Our UCH effort to fight the mass incarceration that afflicts our society

🍷 **Saturday April 23 Reentry Breakfast @ Market Street campus**

Our chance to show women and men in halfway houses and work release centers we recognize their inherent worth and dignity! UCH will host the monthly Community Connections Reentry Breakfast for these women and men. Each year the breakfast is a success because lots of UCH people help out.

Volunteers are needed Friday for table setup; then Saturday for cooking at 7:00 a.m.; meal setup and serving at 8:00 a.m., table hosts at 8:30a.m.; and cleanup at 10:00 a.m. Please contact [Margaret Carrow](#), [John Hargreaves](#), [Chris Dutton](#) or [Jim Cavanaugh](#) if you want to help.

🍷 **Saturday, April 16 [Concert of Hope](#) @ Grace United Methodist Church**

Come hear wonderful music from area choirs, listen to inspiring speakers like PA DOC Secretary John Wetzel and returning citizens from our community, and join us in celebrating the healing power of prison ministry to inmates, returning citizens, and the community.

🍷 **Sunday, May 15**

We are reading *Just Mercy: A Story of Justice and Redemption* by Brian Stevenson, the UUA Common Read for this year, and our book-to-discuss this spring. Find out why [Goodreads](#) says, “*Just Mercy* is at once an unforgettable account of an idealistic, gifted young lawyer’s coming of age, a moving window into the lives of those he has defended, and an inspiring argument for compassion in the pursuit of true justice.”

—Submitted by [Jim Cavanaugh](#)

Supreme Court Rally

The U.S. Supreme Court will hear arguments March 2 in [Whole Woman's Health v. Hellerstedt](#), a Texas law designed to shut down more than 75 percent of women’s health clinics that provide abortion services in the state. UCH’s Reproductive Justice lay-led ministry encourages members to participate in a virtual rally!

Here are 5 easy ways for you to add your voice. Pick one, pick 'em all; we look forward to seeing you online!

- 🍷 1. Change your Facebook profile picture.
- 🍷 2. Join the [Thunderclap](#).
- 🍷 3. Anyplace you post about the rally or the case, use the hashtag **#StoptheSham**.
- 🍷 4. Follow [@AllAboveAll](#) as we livetweet the rally on March 2.
- 🍷 5. Watch the livestream of the rally.

—Submitted by [Jim Cavanaugh](#)

Brainstorming Market Street Programs

Thirty-one UCH members and friends gathered after the 9:30 service February 21 to participate in a lively and energetic conversation about possible events, programs, and activities at our Market Street campus. This 20-minute exchange was an opportunity to share ideas that are already circulating and stimulated many new ones as well.

The list of top quality ideas that was generated was impressive and exciting, including the following representative sampling:

- 🍷 Schedule family fun events that include UCH members and the neighborhood
- 🍷 Offer the “Dress for Success” program again
- 🍷 Have a Blessing of the Animals service
- 🍷 Host/Offer neighborhood dispute resolution through an established mediation group in Harrisburg
- 🍷 Participate in the Pennsylvania Green and Clean initiative

Many of these have the potential for easy and quick implementation as we collaboratively develop the 2016 Calendar of Events at Market Street. All suggestions have been shared with the Multi-Site Task Force.

Thanks to ALL who participated!! Margaret Mead was right about what a small group of dedicated people can accomplish when they put their minds and hearts to it.

—Submitted by [Leta Beam](#)

UCH Legacy Society

The Board of Trustees has asked our Legacy Society task force to begin the following tasks:

- 🍌 Ask members and friends to include UCH in wills or estate plans. If you have done this, please let us know so we can recognize and appreciate you.
- 🍌 Identify attorneys in the congregation who can help members or friends update their wills to include UCH.
- 🍌 Develop a brochure explaining why this is good for all of us – and how it will keep our UCH Chalice burning brightly into the future!

—Submitted by Jim Cavanaugh

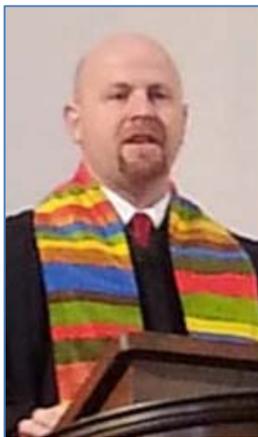
General Assembly

Registration for the 2016 General Assembly opens March 1, at the UUA [website](#).

	EARLY REGISTRATION (BEFORE APRIL 30)	LATE REGISTRATION
Admission		
Full-time (Wednesday-Sunday)	\$350	\$405
One-day admission	\$135	\$150
Youth (Grades 9-12) Full-time	\$205	\$235
Youth (Grades 9-12) One-day	\$85	\$100
Off-site (Remote Access)	\$135	\$160

Membership News

Rob Cavanaugh Keithan



Rev. Rob Cavanaugh Keithan, son of UCH members Jim and Nan Cavanaugh, received Final Ministerial Fellowship from the UUA on February 1.

Since Rob grew up in our congregation, many of us knew he was headed for ministry. He was granted Preliminary Fellowship by the UUA’s Ministerial Fellowship Committee in 2011. This meant he needed to have a Committee on Ministry and to submit evaluation reports each year to show he was making progress toward Final Fellowship.

The notification letter Rob received, shared with his parents, said, “You have served our movement well in the community and in your life.” We can all be proud of this UU minister so many of us helped to raise.

Rob is currently a Faith Organizing and Training Consultant specializing in Reproductive Rights and Cross-cultural Communication, based in Washington, D.C.

Robert Schell

UCH Life Member Bob Schell, 89, died February 9, 2016, at the Sarah Todd Memorial Home in Carlisle. He was preceded in death by his wife of 62 years, Polly, in 2013. He is survived by their two children, Russell Schell and Janet Roux; multiple grandchildren; and nieces and nephews. Burial will be at the convenience of the family in the Newport Cemetery.

June 4: All-Church Picnic at Pinchot Park

An all UCH church picnic is planned for Saturday June 4 from noon to 4 p.m. at Woodlawn Pavilion of the Quaker Race Day Use area of Pinchot Park. Fun and frolic are guaranteed. Stay tuned for further details!



A Study in Red and Black

Sparkie Radcliffe and Chris Dutton, Feb. 14, 2016



March 21: MORALtorium Rally

UUPLAN has joined a multi-faith partnership of 12 faith traditions, Pennsylvania Interfaith Power and Light, the Interfaith Alliance, and the Pennsylvania Council of Churches for a “MORALtorium Rally and Lobby Day” March 21 in Harrisburg. The day-long event includes preparatory training in the issues at hand, a shared worship service, a rally in the Capitol rotunda, and scheduled visits with legislators. Register [here](#).

As people of faith, we are seeking:

- ⊕ MORALtorium on future drilling of new wells that involve hydraulic fracking and a halt to the development of related infrastructure.
- ⊕ Full funding for the examination of existing wells to monitor for methane and gas leaks polluting the environment.
- ⊕ Full funding for cleanup of contaminated wells which cause health and safety problems for Pennsylvanians.
- ⊕ Support for the renewable energy jobs.
- ⊕ Community transition support and the retraining of workers displaced from fossil fuel-related jobs for the emerging renewable energy sector.

Clean Slate Justice

The UUPLAN fundraiser posted on the UUA crowdsourcing website, [Faithify](#), is closing in on our goal of \$7,500. As of March 1, we have received \$7,165 in pledged contributions. All contributions will be matched dollar for dollar by the UU Funding Program. Contributions will fund four expungement clinics for returning citizens in Pennsylvania. Thanks to all who have contributed.

Justice Teams

To find out more about the work of any of our Justice Teams, please feel free to participate in monthly conference calls (chart) or contact [Anita Mentzer](#).

—Submitted by Anita Mentzer

Monthly UUPLAN Conference Calls		
Team	Meeting Day	Time
Anti-Mass Incarceration	Last Monday	8:00 p.m.
Economic Justice	Third Thursday	7:00 p.m.
Environmental Justice	Second Thursday	7:30 p.m.
Immigration Justice	Third Monday	Noon
LGBTQ	Fourth Thursday	7:30 p.m.
Reproductive Justice	Third Wednesday	7:00 p.m.
Call in number: 641-715-3286 Access code: 107933#		

2016 JPD District Assembly

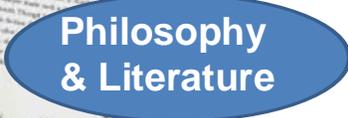
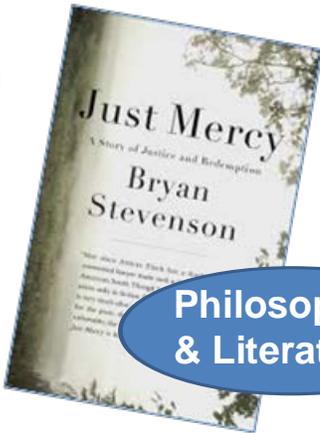


JPD District Assembly April 8-9

Registration is [open](#) for the 2016 District Assembly scheduled for April 8-9 in York. The topic this year is “Congregations in Covenant: Living the Interdependent Web,” with the keynote address by UUA Moderator Jim Keys. Moderator is the highest volunteer position in the UUA and the chief governance position. The moderator chairs the UUA Board of Trustees, facilitates the plenary (business) sessions at General Assembly, serves as an important interface with UUA congregations, and consults with the president in developing a common vision for the UUA. Jim is serving a single six-year term, 2013-19.

The workshop schedule for the District Assembly appears in the accompanying table; descriptions of each workshop are available on the Central East Regional Group: (CERG) [website](#).

Workshop Schedule, Saturday April 9, Wyndham Garden– 2000 Loucks Road, York, PA 17408			
Slot	9:45 a.m. – 10:55 a.m.	11:05 a.m. – 12:15 p.m.	1:30 p.m. – 2:40 p.m.
1	Leadership in Congregations with Difficult Histories		
2	Broken Promises: Why Covenants Fail	3 Key Coaching Skills to Help Pastoral Care Teams	Forming Congregational Partnerships
3	Social Media Strategy and Engagement for UU Congregations	Emerging Faith: Beyond the Fads	Sustainability through 21 st Century Stewardship
4	A Vision for Beloved Community	Church Finance, Tax Law, and Staffing	Bridging: a Moment, A Process, A Lifelong Commitment

DATE	TIME	GROUP	LOCATION
Tue 1	7:00	Mindfulness Meditation Group (Weekly)	Clover Lane
<p>Mindfulness is an acquired skill, practiced while meditating but vital in our everyday lives. Mindfulness is helpful in reducing stress, managing pain, focusing attention, and overcoming habitual negative behavior. Mindfulness can also point the way to spiritual practice, calming the mind and developing awareness and insight.</p> <p>The ability to be mindful is strengthened through consistent practice. Mindfulness Meditation Group provides a space for us to practice together in support of one another. Contact Chuck Daley. Repeats every Tuesday.</p>			
Wed 2	6:00	Queen Spirit (Monthly)	Clover Lane
<p>Queen Spirit is a co-created women’s spirituality circle that meets on the first Wednesday of the month. This month, we meet to celebrate the coming of spring, Ostara, in a circle led by Patti Hazell.</p> <p>Potluck starts at 6:00 p.m.; please bring your own table service and a dish to share; circle starts at 7:00 p.m. Contact Randa Todd.</p>			
Mon 7	6:30	Amrit Yoga (Weekly)	Clover Lane
<p>Amrit yoga is a form of hatha yoga developed by Yogi Amrit Desai. The entire process moves and stretches every part of your body for an energetic workout and includes a calming, meditative relaxation at the end.</p> <p>Repeats every Monday. Contact Ed Sykes. No experience necessary!</p>			
Tue 8	6:30	Women’s Night Out (Monthly)	Off-site
<p>Women’s Night Out is a lay-led ministry that focuses on the friendship and support of its members and giving back to our local community. We normally meet on the second Tuesday of the month at a local restaurant, alternating locations between the East and West Shores. Each month at dinner, participants take a collection. Proceeds are divided between the Ecumenical Food Pantry and the UCH.</p> <p>Our group meets Tuesday, March 8, at 6:30 p.m., at the Peachtree Restaurant, 251 N. Progress Ave. , Harrisburg. Please call or email Ann Sitrin at 717-766-4767 (ann.sitrin@gmail.com) or RSVP by Sunday, March 6.</p>			
Sat 12	9:00	Common Ground Café (twice a month)	Market
<p>Common Ground Café occurs at our Market Street campus on the second and last Saturday of the month. The café opens at 9:00 a.m., and you can be a part of the action! No experience necessary, and drop-ins are always welcome. Repeats March 27.</p> <p>To join the list of volunteers, please contact Clay Lambert.</p>			
Sun 13	7:00	Philosophy and Literature Group (Monthly)	Clover Lane
<p>The Philosophy & Literature Group normally meets on the second Sunday of each month, usually at Clover Lane. This month, we meet to discuss <i>Just Mercy: A Story of Justice and Redemption</i> by Bryan Stevenson. This is also the UUA Common Read for the year and will be discussed again as part of Helping People in Prison and their Families. From the <i>New York Times Book Review</i>:</p> <p><i>Just Mercy is every bit as moving as To Kill a Mockingbird, and in some ways more so... [It] demonstrates, as powerfully as any book on criminal justice that I’ve ever read, the extent to which brutality, unfairness, and racial bias continue to infect criminal law in the United States. But at the same time that [Bryan] Stevenson tells an utterly damning story of deep-seated and widespread injustice, he also recounts instances of human compassion, understanding, mercy, and justice that offer hope. . . . Just Mercy is a remarkable amalgam, at once a searing indictment of American criminal justice and a stirring testament to the salvation that fighting for the vulnerable sometimes yields.</i></p> <p>The group meets at Clover lane this month. All are welcome. Please contact Don Brown for information.</p>			 

Tue 15 10:00 CroneSpirit (Monthly) Clover Lane

The lay-led ministry CroneSpirit meets from 10 a.m. - noon in Fuller Chapel at the Clover Lane campus. Our topic this month is "Letting Go." We are:

- A discussion group for women over 65, both UCH members and non-members
- Honoring a crone tradition of conscious female aging and self-power
- For personal enrichment, such as through intellect, knowledge, comfort or companionship, anticipating a maximum of 10 women
- Sharing, listening and learning, without gossip or speaking disrespectfully to or about each other

Crone Spirit Letting Go

We look forward to seeing you. For information, please contact [Joan Hellmann](#).

Wed 16 6:00 Clover Grove (Monthly) Clover Lane

Dia dhuit (Irish for hello)! On March 16, Clover Grove will celebrate the vernal equinox and mark St. Patrick's day. Join us from 6:00 p.m. to 8:00 p.m. at Clover Lane (Common Room). Snacks welcome but not required.

All are welcome. Contact [Kirsten Salvatore](#) about arranging childcare. If interested in joining the Clover Grove mailing list, please contact [Jen Wallitsch](#).

Clover Grove Dia dhuit

Fri 18 7:30 Clover Lane Coffee House Clover Lane

Clover Lane Coffee House sponsors concerts monthly from September to May, normally at 7:30 p.m. on the third Friday. Admission \$10 at the door, maximum \$25 per family. All are welcome.

This month, we are pleased to present John Terlazzo and Voices in the Hall, accompanied by "our own" JD Stillwater!

"Modern Surrealist Gypsy Folk Rock" is one way of describing the incredible music from this trio. Poet/songwriter John Terlazzo does vocals, guitar, and Indian harmonium; Kristina Machusick does vocals, flute, and recorders; and Paul Wegmann does vocals and lead guitars. Terlazzo's songs have also been described as "Marc Chagall gone aural" and "Leonard Cohen meets Rumi." He also frequently plays for the Dances of Universal Peace.



Clover Lane Coffee House John Terlazzo and Voices in the Hall

John's newest publication is a novella, *The Word*, a mystical tale of Liberation (bringing together Beatles, Bodhisattvas and Blake!) with lots of room for Music, Wonder, and plenty of comedy and social commentary. It takes place in three time periods - an idyllic Maxfield Parrish-like future; England in more or less the present day; and England in the 1960s - and features a main character who is led by mystical visions of the Beatles toward a future that she and her two sisters can't even begin to imagine...

Please contact [Bart Carpenter](#) for additional information.

Tue 22 6:00 Auction Committee (Monthly) Clover Lane

Come brainstorm ideas, themes and be a part of the fun, food, and fabulous auction committee. Your talent and help planning the 2016 All-Church Auction is always welcome. We are looking for ideas to make this year's auction a huge success and need your help. Please contact [Patti Hazell](#) for additional information and mark your calendar for auction night: Saturday, November 5th, 2016!

UCH Auction Saturday, Nov. 5, 2016

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