



Minister's Message



Beyond Categorical Thinking: Our search for a new minister continues. One upcoming piece of this process strongly encourages your direct involvement. The Beyond Categorical Thinking (BCT) program is "designed to promote inclusive thinking and prevent unfair discrimination during a congregation's search for a settled minister." Two BCT facilitators will

come to UCH on Sunday, Jan. 4. They will speak during morning worship: one at Market, the other at Clover. Then they will join together that afternoon for the BCT workshop, an interactive discussion from 1:30-4:00 PM. We hope that many of you will be there, to share your own perspectives and hear those of others, to help make our ministerial search as inclusive as possible.

New Staff Coming to UCH: Last month, I reported to you that the UCH Board voted to approve continued funding for some critical support staff positions. As this decision was reached just before Thanksgiving, we chose not to open searches during the holiday season. But I have been working with senior staff to prepare for launching searches the first week of January. We'll be interviewing a LOT of people in January, but by February 1st, we hope to have filled the Director of Music Ministry position for Clover Lane, plus support staff roles for administration and RGL. As soon as positions are posted, we will include links to the postings in our weekly *News You Can UU's* email and on the church website. Please keep your eyes open for more details, and if you know someone who you believe would contribute positively to the well-being of our church, please invite them to apply. (Please note: since last year, our church policy has been that for new hires, church members will only be considered for temporary positions. Staff intended to be long-term will be of non-members.)

Stewardship Time Approaching: Our time for stewardship is approaching. Starting in mid-February, we will be engaging our members and friends in conversation about the future of our church, and how we can move forward. During this month of January, we will be contacting some of you to participate as canvassers. We hope you all will consider being involved in supporting the financial health and vitality of UCH.

In faith, *Eric*



Unitarian Church of Harrisburg

January 2014 At-a-Glance

DATE	TIME	SPEAKER
Sun 4	10:30	"Beyond Categorical Thinking," Amanda Schuber/Mary Johnson
	11:00	BCT workshop for all
	1:30	BCT workshop for all
Mon 5	6:30	Amrit Yoga
Tue 6	5:45	Adult RGL: Dinner/Video
	7:00	Mindfulness Meditation Group
Wed 7	6:00	QueenSpirit
Thu 8	7:00	Choir Practice, both locations
Sat 10	7:00	Common Ground Café
Sun 11	10:30	"Starve the Dysfunction," Rev. Eric Posa
	11:00	"Day of Remembrance," Rev. Donna Renfro
Mon 12	6:30	Amrit Yoga
Tue 13	5:45	Adult RGL: Dinner/Video
	6:30	Women's Night Out (offsite)
	7:00	Mindfulness Meditation Group
Thu 15	7:00	Choir Practice, both locations
Fri 16	7:30	Coffee House
Sun 18	10:30	"The God of Martin Luther King,," Rev. Posa
	11:00	"We Who Believe in Freedom," Rev. Renfro
	Noon	SOS Fair
	6:00	Philosophy and Literature
Mon 19	11:00	MLK Birthday Party
	6:30	Amrit Yoga
Tue 20	10:00	CroneSpirit
	5:45	Adult RGL: Dinner/Video
	7:00	Mindfulness Meditation Group
Wed 21	7:00	Clover Grove
Thu 22	7:00	Choir Practice, both locations
Sun 25	10:30	"We Who Believe in Freedom," Rev. Renfro
	11:00	"Starve the Dysfunction," Rev. Posa
	11:30	SOS Fair
Mon 26	6:30	Amrit Yoga
Tue 27	5:45	Adult RGL: Dinner/Video
	7:00	Mindfulness Meditation Group
Thu 29	7:00	Choir Practice, both locations
Sat 31	9:00	Community Café

Occurs at Market Street

President's Message



A New Year starts after such a busy December. The month was filled with two Deck the Halls celebrations, two Christmas Pageants given by the children of the congregation, a week of Tibetan monks creating a World Peace Mandala, a Winter Solstice celebration based on Native American music and rituals, topped by

two Christmas Eve services attended by 160 at the Market Street campus and 40 at Clover Lane. Some of us, Larry and myself included, attended both Christmas Eve services. The sanctuaries glowed with candles and friendship. We are so fortunate at UCH to have the choice of so many diverse activities.

We are also in the final months of our period of interim ministry and waiting for the Search Committee's choice for a candidate for our new settled minister. The Search Committee has a very heavy workload reviewing candidates, interviewing them, seeing/hearing them preach, and then deciding on the final candidate. We should be very thankful for the dedication of our Search Committee. These were the people chosen by all of us as the most trusted for the task. In the meantime, Eric will be continuing his interim work, helping us to be the best we can be for our new minister.

Other news includes the completion of one of the major Strategic Goals that the congregation wrote and approved five years ago. About five years ago, Rev. Suzanne Marsh started the process to create a non-profit 501(c)3 entity to allow funding for social justice programs. Many organizations offer grants only to registered 501(c)3 entities, and not to churches, hence the need for a 501(c)3. Frances Myers and Jeff Sigel have taken on the tasks to complete the filing process and organize a board for this new organization, "Gather the Spirit." They both have spent an incredible amount of energy to make

this happen. GTS has a committee organization for program activities, i.e., the Common Ground Café breakfasts and Mon-Wed-Fri community hours, now known as Common Ground Community Center. They will be fundraising to continue and expand social justice programs at UCH. You can now contribute to Gather the Spirit to support programs that

Strategy 3: Establish a 501(c)3 entity that is separate structurally from UCH.

Team Lead: Rev. Suzanne Marsh

- E1. Legally incorporate and become recognized as non-profit organization by the IRS and the State of Pennsylvania.
- E2. Recruit a board of directors for the organization that includes both members of UCH and the community.
- E3. Identify and apply for grants to support the various social justice and outreach programs planned for the Market Street campus.

currently provide more than 600 meals a month, issue vouchers for the food pantries, supply bus passes for people who need to go to work or to see doctors, limited emergency aid, and a place, especially for seniors, to meet friends and have refreshments. If you are interested in volunteering for Saturday breakfasts, please contact [Clay Lambert](#); for MWF, contact [Brian Kahler](#). These are opportunities to live your faith by offering compassion and love to all of our neighbors. When you see Frances or Jeff, ask them about the exciting future for Gather the Spirit.

May we be well, happy, and peaceful!
Judy

JANUARY TRUSTEE ASSIGNMENTS		
DATE	CLOVER LANE	MARKET ST
4	Chris Dutton	Debbie Reihart
11	Dave Forster	Nan Cavenaugh
18	Mary Henninger-Voss	Tom Conners
25	Marilyn McHenry	Judy Linder

Gather the Spirit for Justice

All paperwork has been filed with the Internal Revenue Service for the non-profit 501(c)3 organization, Gather the Spirit (GTS) for Justice. GTS was incorporated on Sept. 20, 2010, as a Pennsylvania non-profit. Filing with the IRS formalizes the organization's federal status and allows GTS to receive tax-deductible contributions and social services grants.

Based at the UCH's Market Street campus, GTS exists to "foster a sense of empowerment in the Allison Hill community by being in service with and for the area's residents." At present, its two primary activities are the Common Ground Café (two Saturdays per month, chaired by Donna Hoskins-Helm) and Common Ground Community Center (Mon-Wed-Fri, chaired by Brian Kahler), formerly known as "Community Hours." Fiduciary and operational responsibility for these two programs has shifted from the UCH and the recently dissolved Shared Ministry onto GTS.

Annual program costs are \$29,000. UCH members can donate either to GTS, 1508 Market Street, Harrisburg PA 17103, or to UCH, with "GTS" clearly marked in the memo line. Additional information on the organization is available at the [GTS website](#).

— submitted by Frances Myers

Board of Directors	
Jeff Sigel, President	Tom Conners
Clay Lambert, Vice President	Wanda Givens
Ann Van Dyke, Secretary	Rev. Richard Gordon
Frances Myers, Treasurer	Rev. Donna Renfro (non-voting)
Doug Bronson	Naed Smith

Ministerial Search Committee

Committee Report

Work on the packet website is winding up and will be ready to view by the entire congregation early in the New Year. We will let everyone know how to find it via News You Can UU's, Sunday bulletin announcements, and the REPORTER. We will also make a paper copy available at each campus for those who do not use internet.

Beyond Categorical Thinking Workshop

The Beyond Categorical Thinking Workshop offered by the Unitarian Universalist Association is scheduled for 1:30 – 4:00 p.m. Sunday, Jan. 4, at Clover Lane. The workshop is offered to all congregations in search for a new minister. A consultant will be speaking at each service that morning, with committee members leading the worship.

The UCH Ministerial Search Committee invites all congregational leaders, members, and friends to participate in this workshop. In the workshop, UCH members will:

- ⊕ Consider the hopes, expectations, and concerns they have for a new minister
- ⊕ Learn more about the ministerial search process
- ⊕ Explore how thinking categorically about people sometimes interferes with choosing the best candidate.

Join us on January 4 at Clover Lane from 1:30 p.m. to 4 p.m. to participate in this UUA-sponsored workshop, led by Amanda Schuber and Mary Esther Johnson. Transportation will be provided from Market Street for those interested in attending. Please contact [Peter Adams](#) if you need transportation or childcare.

—Submitted by Linda Hope, Chair

Search Timeline	
✓	UUA Ministerial Settlement Representative (MSR) visits
✓	Ministerial Search Committee selected
✓	Search Committee meets with MSR and plans its work
✓	Search Committee holds its retreat
✓	Congregational Survey distributed and tabulated
✓	UUA Ministerial Settlement Representative visits
✓	Congregational Record Completed on UUA Transitions website
✓	Cottage Meeting results summarized
✓	Packet completed (Dec. 31)
➔	Beyond Categorical Thinking Workshop
	Search committee begins considering potential candidates
	Search Committee interviews / observes several candidates
	Search Committee selects one candidate
	Candidating Week and Congregational vote



Search Committee	Member	Email
	Group Email	searchcom@harrisburguu.org
	Linda Hope, Chair	neesa46@gmail.com
	Nick Wilson, Co-Secretary	nicholas72@gmail.com
	Peter Adams, Treasurer	peterjeffreyadams@gmail.com
	Karan Mallah	kmallah@msn.com
	David Spear	spear130@gmail.com
	Karen Sykes	klsykes@verizon.net
	Kendra Trufahnestock, Co-Secretary	ktrufahnestock@gmail.com

Assistant Minister's Message



The Touchstones theme for January is "Authority." I've been thinking a lot about personal, congregational, and ministerial authority. Personal and congregational authority will be part of the all-ages worship services I lead this month at each campus. There are two areas of ministerial authority I'll share here.

The first is what happened Christmas Eve at the all-ages worship service at Market Street. It was such a wonderful service. For me, as I walked down the aisle in the

processional, then again as I lit each row's first candle, and as I was preaching, I looked at the people gathered, and had such a feeling of "These are my people. I am their minister." It was the same transcendent feeling I had in my ordination, as the congregants said in unison the words to ordain me. I truly felt my ministerial authority, and not with any negativity that the word sometimes connotes.

Ministerial authority was the main area I had to work hardest on in the Ministerial Fellowshiping process. One part of that was my ministerial presence and voice, especially in preaching. What I described above addresses that part. The

other part was moving from my understanding of myself as a ten-year Director of Religious Education (DRE) to knowing myself a minister. I've recently become aware that some of the congregation think I was hired to be both a DRE and a minister. I fully understand myself as a minister, and one of my contracted functions as Assistant Minister in this church is to oversee Religious Growth and Learning (RGL). I value and honor the work of a DRE, especially one like Trish Brandon who gave so much to this church for so long. It is hard for a congregation, after such a long period of service, to make room for a different way, a different person to come into leadership. It is the main reason the professional religious educator guidelines require a period of two years for the former educator not to be in contact with congregants about the religious education program.

I encourage conversations with me about the present and future of the RGL programs at UCH. This vision and

expectations will be part of a formal process that all congregants will soon be invited to, called the Ministerial Start-Up, for my ministry here at Harrisburg. It will be conducted by a member of the district or regional staff. Until then, I encourage participation of any congregant in RGL in three ways:

- Suggestions or help in finding acting or permanent RGL coordinators at each campus, whose primary focus is to be the Sunday morning RGL presence
- Volunteer for special projects or special project Sundays.
- Serve on a newly forming and active RGL committee.

Please do contact me about any of these. I am a very collaborative leader, and believe absolutely that "It takes a village." Let us build and work together.

Blessings on us all! *Donna*

Report on Racial Justice

I was hired as Assistant Minister with three main functions: Campus Minister at Market Street, Minister for Community Outreach at Market Street, and Minister overseeing RGL. For the first two functions, my anti-racism and diversity work were considered. With what is happening in our country now around these issues, I want to bring some resources to your attention.

• **Marching in the Arc of Justice: Re-Visiting Selma, March 5-8**

Marching in the Arc of Justice: Re-Visiting Selma: A Conference Honoring the Fiftieth Anniversary of the Selma Voting Rights Campaign, will be held in Selma, Montgomery and Birmingham March 5-8, 2015. The UUA Board of Trustees and President Morales will be present; Jim Key, UUA Moderator, has invited UUs from across the U.S. to participate to learn, witness and "renew our resolve, strengthen our commitment, and stand in humble solidarity with our partners in the work."

Many activities are planned for this conference: tours to historic sites, crossing the bridge, worship and concerts. Information and registration is available at the Living Legacy Project's [web site](#). Our area of the country has been invited to consider taking the train to Selma, like many UUs did 50 years ago; information is available at the website of the [Central East Regional Group](#) (CERG) of UU districts, of which we are a part.

• **Allies for Racial Equity (ARE) Conference, March 13-15**

UU Allies for Racial Equity (ARE) was formed in 2005 as a response to a request by Diverse Revolutionary Unitarian Universalist Multicultural Ministries (DRUUMM), a UU People of Color Organization, for a group of white anti-racist allies to serve as partners in the journey of transforming our faith movement and the world. The annual conference this year is in New Orleans. Please visit the [website](#) to join the organization, obtain details on the conference, and have access to resources to understand more about race in America.

• **AreUUAwake**

"Are UU Awake" began as a [Facebook group](#) to serve as a Racial Justice "Political Action Committee" within the UU faith. The group is led by a UU member with whom I worked on racial justice issues in my former congregation in Cherry Hill, NJ. She is calling us as UUs to examine how effective we have been in our racial justice understanding and work since Selma. She has left her full-time job to do this work, because she is so passionate about it. Be prepared for some frank conversations.

I have also been working with Paula Cole Jones, the Racial and Social Justice Consultant from the JPD District, to continue the *Journey Towards Wholeness* and ARE work; we plan to have a training for Central Pennsylvania within a few months.

Finally, for our work in Harrisburg and specifically at Market Street, understanding systemic poverty is essential. The work that has already been done by this church and the City of Harrisburg has been my beginning point, and I hope we will also have programs this spring. Here are resources to understand this framework are available at the [aha! Process URL](#).

I offer these resources as I am aware how very differently most UUs view what is happening in the country. I humbly and frankly believe a deeper understanding and frank and respectful conversations would be very healing for our church.

— submitted by *Donna Renfro*

Helping People in Prison and their Families

Please keep those *Sunday Patriot-News* classified ads coming. Put them in the marked basket at either campus, and we will get them to the Community Center, 1515 Derry Street. If available to deliver one Sunday a month, please contact [Margaret Carrow](#) or [Jim Cavanaugh](#). The people we support at Work Release and the PROGRAM use them to find non-online jobs – and for the ones with no computer skills, that’s the only kind of jobs there are. However, you can change that if you could volunteer at the PROGRAM a morning or two each week, to help the clients learn to prepare a resume and to find job openings online! For further information contact [Margaret Carrow](#).

During December and January, many of us get unwanted calendars from various nonprofits seeking our donations. If you do not need another calendar, please bring it to church and put it in the basket along with the *Patriot-News* classified ads, and we will see that they get to the work-release people who need them. They are so very grateful to get them – having a calendar lets them keep track of important dates.

Could you drive women from Promise Place to the monthly reentry breakfast sponsored by the Prison Action Committee of Christian Churches United? We pick the women up about 8:30 a.m. on the designated Saturday so as to get them to the breakfast by 9, and the guests are leaving by 10:30 a.m. so as to be back at Promise Place by 11:00 a.m. Details about Promise Place, the Community Corrections house for women operated by the PROGRAM, are available at [this URL](#). Please contact [Chris Dutton](#) to offer transportation services.

Or perhaps you could help us support the [Pennsylvania Prison Society](#) (PPS) by joining, or attending the monthly meeting of the Dauphin County PPS Chapter of Official Visitors who visit inmates at area prisons. Our monthly chapter meetings begin Feb. 4 at the PROGRAM’s Community Center, 1515 Derry Street. If you would like to attend a meeting, contact [Denise vanBriggle](#), convener.

– Submitted by Jim Cavanaugh

Auction Report

Many thanks to all who participated in the 2014 auction! If you haven’t yet paid your invoice, please make this a New Year’s resolution. We expect net income of \$11,761. And please “save the date” for Saturday, Nov. 7, 2015!

– submitted by Patti Hazell

Sand Mandala

A group of Tibetan monks from Drepung Gomang Monastery, based in exile in Karnataka, India, created a sand mandala at our Clover Lane campus last month. They worked on the mandala for four days, Dec. 17-20, 2014. At the closing ceremony, the leader of the group, Yonten Gyatso, presented certificates of appreciation to Chuck Daley (left), leader of UCH’s Mindfulness Meditation Group, and to Judy Linder, president of the UCH Board of Trustees, in thanks for our hosting the event. For the final dissolution ceremony, the monks gathered the sand, encouraged congregants to take some home, and poured all remaining particles into the Susquehanna River.



Fall Art Sale Raises over \$1,000

Many thanks to **THE OLIVER COLLECTIVE** artists who shared their talents and contributed a variety of wonderful works to the Fall Art Show, proceeds of which benefit the UCH LaGrone Scholarship Fund. And particular thanks to all who visited the show during Celebration Sunday on Nov. 9, at the Nov. coffeehouse, and following services on Nov. 16 at both campuses. Your participation and donations for the art works enabled us to add \$1,119.17 to the LaGrone Scholarship Fund. Our next art show will be in October.

Authors Invitational Set for April 16

The LaGrone Invitational, featuring local writers reading their works, will be held Saturday, April 16, in the sanctuary at the Clover Lane campus, as a fundraiser for the Oliver LaGrone Scholarship Fund. In addition, mementoes will be available to take home: members of **THE OLIVER** will be putting together “swag bags” for those who attend the Invitational. Refreshments will be served. Please save the date.

About the LaGrone Scholarship

The Scholarship Fund was created in 1974 and reorganized in 1992 to honor the late Oliver LaGrone, a sculptor, poet, educator, and humanitarian, who had been a member of UCH. Each year, a Scholar is selected from among applicants from the Harrisburg School District. The selection committee includes two adults and one youth from UCH and two community members. The 2015 Scholar will receive a total of \$6,000 for post-high school education, making it the largest local scholarship available in this area. Scholars also are assigned a mentor from UCH, generally someone who works in or is familiar with their field of interest. Mentors maintain a supportive relationship with Scholars during their time in school.

— submitted by John Hope

Merced Ramirez

Our 2014 scholar, says that the start of his sophomore year at Messiah College was overwhelming – a very full load, with courses in math, science, financial accounting, Chinese, and drawing – but he got used to it and had a successful semester.



During the winter break, Merced will do temp work at the Amazon warehouse and also work alongside his father doing landscaping work. He may take a course during Messiah's 3-week J-term, and then it's the start of another challenging semester. Merced's Spring schedule will probably include courses in accounting, computer programming, marketing, microeconomics, Spanish, and Chinese.

Merced is in touch with his mentor, Jeff Sigel, on a regular basis, and he enjoyed attending the annual LaGrone Scholar Luncheon on December 27th.

— submitted by Jeff Siegel

2015 Scholar Interviews

Anyone interested in serving on the selection panel for the 2015 Oliver LaGrone Scholarship should contact [Jess Chuckalovcak](#). We need two adult members and one RGL youth. Time commitment is 6:00 – 8:00 p.m. March 25, 6:00 – 8:00 p.m. April 1, and 5:45-9:00 p.m. April 8.

— submitted by Jessica Chuckalovcak

Notes from the Office

—submitted by Kel Kyle, Congregational Administrator

Policy Changes

🕒 Date Changes for Gift Card Process

A special note of thanks to members and friends who support UCH by ordering gift cards for use at Giant, Weis and Karns grocery stores. Effective Jan. 1, we will mail out gift cards on the 5th and 20th of the month, slightly later than previously.

In addition, for those who mail in orders each month, please mail orders to arrive at least six days prior to the 5th and 20th. If your order is received after that time, we will mail them on the next mailing.

🕒 Respecting Our Place of Worship

Our sanctuary at Clover Lane, in addition to being our gathering place and a beautiful place of worship and contemplation, is a source of revenue for weddings and other events. More than once, potential renters, upon seeing the numerous stains on the sanctuary carpeting and chairs, have chosen to rent elsewhere, resulting in a loss of revenue for our church.

In an effort to beautify our sanctuary for our current members and guests attending any event, we have had the carpet and the chairs professionally cleaned over the holidays. Effective immediately, please refrain from bringing food or drinks (other than water) into the sanctuary at both Clover Lane and Market Street.

By caring and respecting our place of worship we can not only keep Clover Lane and Market Street beautiful, but we will be helping to support our church financially by making it a more desirable place to rent. We appreciate your efforts in this endeavor.

Share the Plate

If you would like to nominate a non-profit recipient for our monthly “Share the Plate” offering in 2015, please print and fill out this [form](#), and return to my mail slot.

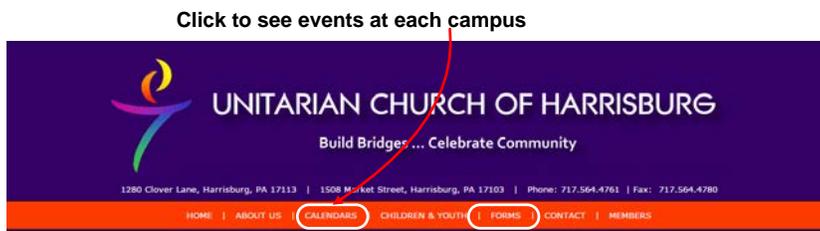
Website Report

Photographs for UCH Website

The upgrade to the UCH website continues apace. At the moment, we are looking for digital photographs taken last year (2014) to use on the website, pictures that highlight the depth and diversity of our congregation. If you have photos you feel are appropriate, please send them to photos@harrisburguu.org for potential use, along with identifying information as to the nature of the event, estimated date, and campus. We will credit the photographer. Our intent is to develop a portfolio of images for the various activities occurring in our church.

Church Calendar Available On-Line

The calendar of events at each campus is available on the UCH website. Click on the “calendar” link, shown in the accompanying image. From there you can navigate to the campus and month to obtain detailed information for each event.



Click for forms, appropriate contacts

Forms, Contact Info

Similarly, we are developing forms (and correct contact info) for multiple church functions. Please check the website for instructions on processing.

Please monitor the website for new features including multimedia and more, over the coming weeks and months!

Share our Service/Strengthen Our Spirit (SOS) Fair, Jan 18 & 25

Did you know that through UCH you can help keep a neighboring highway clean, practice yoga or meditation, talk about some excellent non-fiction books, participate in charity walks, work with our children on Sunday mornings, beautify the church grounds, and many other diverse activities? Your chance to learn more about these opportunities and many others comes on Sunday, January 18, at Market Street, and Sunday, January 25, at Clover Lane. That’s when the SOS team (Share our Service/Strengthen Our Spirit) is hosting a fair featuring 25 lay-led ministries and other organizations open to members and friends.



The Fair will be held in the Common Room at each campus following worship. Each group will have a display explaining its purpose and work; various handouts; and a sign-up sheet for anyone interested. Someone from each organization will be at the display to discuss the group’s activities, the time commitment involved, and specific needs. Each group also will provide some snacks to go with your coffee!!

SOS was formed to help UCH members and friends recognize service to the church as an integral part of one’s spiritual journey. In working together on a variety of projects through our church, we help build the beloved community that we seek. At the SOS booth at the Fair, we will have Discovery of Gifts forms to be filled out by those who have not yet done so. The answers on the form help us match people with particular skills and interests with those church activities in need of their help. The final decision always rests with the individual on whether the request is something you want to do or have the time for.

By working together in a variety of ways, we can do great things at both of our campuses, building a stronger bridge between the suburbs and the city. The SOS Fair is a fun way to find out what all is going on and how you can be a bigger part of the action. Please join us this month to Share our Service and Strengthen our Spirit.

— Submitted by John Hope

Success Stories in 2014 – proving that our UU voice is achieving results



- ☉ May 20 was a rainbow-letter day when U.S. District Court Judge, John Jones struck down PA’s ban on same-sex marriage.
- ☉ In June, more than 150 UUs from around the state gathered outside the York County Prison to protest deportations that separate families.
- ☉ In July, UUs traveled to Pittsburgh to testify at a federal hearing in support of a regulatory change to limit carbon emissions from existing power plants, specifically coal-fired power plants.
- ☉ In August, we learned that PA will expand Medicaid under “Healthy PA,” paving the way for 500,000 low-income residents to receive health insurance.
- ☉ In October, UUPLAN in collaboration with STOP Payday Lending allies, was able to thwart a bogus “study” (SR458) of predatory lending which was designed to have outcomes friendly to the payday industry.
- ☉ October also saw the passage of HB1796 (from our Women’s Health Agenda legislation) in both House and Senate to provide equitable protection for domestic violence victims.

As we begin another year of advocacy, please take one important step for justice today. We invite you to either join or renew your membership for 2015 in UUPLAN. At the moment, we have a \$5,000 matching grant opportunity. Turn your UU values into action on behalf of the millions of unheard voices of Pennsylvanians. Visit our [membership link](#) on the UUPLAN website. Please contact [Anita Mentzer](#) for more information. –Submitted by Anita Mentzer

Detail Calendar

January 2014

Please synchronize your calendar for these UCH-sponsored events.

Sun 4	1:30	Beyond Categorical Thinking workshop	Clover Lane
Congregation-wide workshop hosted by the Ministerial Search Committee (page 3). Please plan to attend.			
Mon 5	6:30	Amrit Yoga (weekly)	Clover Lane
Amrit yoga is a form of hatha yoga developed by Yogi Amrit Desai. The entire process moves and stretches every part of your body for an energetic workout and includes a calming, meditative relaxation at the end. Repeats every Monday. Contact Ed Sykes . No experience necessary!			
Tue 6	5:45	Adult RGL (weekly)	Clover Lane
<i>Our American Roots</i> continues through Jan. 27, facilitated by Rev. Posa. All are invited to bring a dinner to begin eating together as we gather at 5:45 p.m. We start the 10-minute video at 6:00 p.m., then spend the rest of the hour in discussion of the themes it raises, concluding at 7:00 p.m. The sessions are NOT cumulative – come to any or all!			
Tue 6	7:00	Mindfulness Meditation (weekly)	Clover Lane
Mindfulness is an acquired skill, practiced during meditation and vital in our everyday lives. It can be useful in focusing attention, managing pain, reducing stress, and overcoming habitual negative behavior. Mindfulness can also point the way to spiritual practice, calming the mind and allowing for the development of awareness and insight. The ability to be mindful is strengthened through practice. The Mindfulness Meditation Group (MMG) provides a space for us to practice together in support of one another.			
<ul style="list-style-type: none"> ☉ Everyone is welcome. Affiliation with any organization or belief system is neither promoted nor discouraged. ☉ Engaging in safe, respectful and welcoming conduct is the only expectation. Participation is entirely voluntary. ☉ Two 25 minute periods of meditation with a short reading, discussion and rest between. Stay for one sitting or both. ☉ Bring your own seating or use our cushions, benches, and chairs. 			
Contact Chuck Daley or George Hellmann Repeats every Tuesday. Third Tuesday is silent meditation			
Wed 7	6:00	QueenSpirit	Clover Lane
Queen Spirit is a co-created women’s spirituality circle that meets on the first Wednesday of the month. This month, we have an open circle celebrating QueenSpirit and making the most of the New Year. Bring some photos that remind you of QueenSpirit.			
Bring a favorite dish, dessert or beverage to share; bring your place setting and serving spoons and plates. Potluck at 6:00; circle at 7:00. Contact Randa Todd, lrrt1946@yahoo.com .			

Common Ground Café occurs at our Market Street campus on the second and last Saturday of the month. The café opens at 9:00 a.m., and you can be a part of the action! No experience necessary, and drop-ins are always welcome.



Repeats January 31. To join the list of volunteers, please contact [Clay Lambert](#).

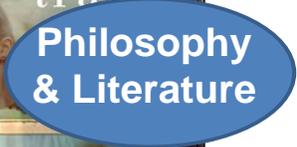
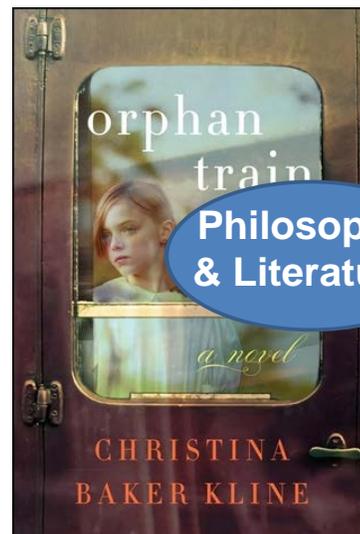
Sun 11 6:30 Philosophy & Literature

Clover Lane

The Philosophy & Literature Group usually meets on the second Sunday of each month, usually at Clover Lane. This month, the group begins the new season with *Orphan Train*, a novel by Justina Baker Kline. From one Amazon reviewer:

On the coast of Maine lives a wealthy ninety-one year old woman named Vivian Daly. Yet in her attic are trunks that reveal the secrets of her turbulent past. It is the year 2011, and nearby in the same town of Spruce Harbor, lives a seventeen-year-old girl named Molly Ayer who has bounced from foster home to foster home, and is now in a situation involving petty theft that will require some kind of community service.

Told in beautifully evocative prose, the story unfolds in alternate perspectives, revealing what has happened to each of them, and how the parallel lines of their lives now converge to spotlight the similarities between them.



The group meets at Clover Lane this month. All UCH members and friends are welcome. Please contact [Don Brown](#) for information. The full list of selections for 2015 appears immediately below.

PHILOSOPHY & LITERATURE 2015 READING LIST

2015	AUTHOR	TITLE	SUMMARY
Jan	Justina Baker Kline	<i>Orphan Train</i>	Novel about orphaned and homeless children being transferred to foster homes mostly in the Midwest
Feb	James McBride	<i>The Good Lord Bird</i>	A novel about a slave who is united with John Brown
Mar	E.O Wilson	<i>The Meaning of Human Existence</i>	A book about the potential integration of science and the humanities to understand the human condition.
Apr	Dan Fagin	<i>Toms River, A Story of Science and Salvation</i>	The story of a New Jersey town ravaged by industrial pollution.
May	William Murry	<i>Becoming More Fully Human: Religious Humanism as a Way of Life</i>	An essay on humanism as a naturalistic approach to life.
June	Michio Kaku	<i>The Physics of the Impossible: A Scientific Exploration into the World of Phasers, Force Fields, Teleportation, and Time Travel</i>	What physics really has to say about "impossible" concepts such as teleportation, invisibility
July	Elizabeth Kolbert	<i>Sixth Extinction: An Unnatural History</i>	A description of the mass extinction unfolding at this moment in history.
Aug	Anthony Doerr	<i>All the Light We Cannot See</i>	Novel about a blind girl living in Europe during World War II
Sept	Denise Kiernan	<i>The Girls of Atomic City</i>	The untold story of women who worked at Oakridge National Laboratory working on atomic weapons but did not know what they were doing until the end of the war.
Oct	James Holt	<i>Why Does the World Exist: An Existential Detective Story</i>	Philosopher and writer Jim Holt traces the history of the great existential mystery: Why something, instead of nothing?
Nov	Margaret Attwood	<i>Stone Mattress: Nine Tales</i>	Nine short stories about the dark side of human existence

The UCH celebrates the birthday of the Rev. Dr. Martin Luther King, Jr., at our Market Street campus. Short program for all ages starts at 10:30, followed by potluck luncheon.

All are welcome! Please bring family and friends to celebrate. Contact: [Brian Kahler](#).



Tue 13 6:30 Women's Night Out

Off-Site

Women's Night Out is a lay-led ministry of the Unitarian Church of Harrisburg that focuses on the friendship and support of its members and giving back to our local community. We meet on the second Tuesday of every month at a local restaurant chosen by our committee, normally alternating locations between the East and West Shores each month. To join Women's Night Out and experience the fun and friendship of our group first-hand as well as providing support to the Ecumenical Food Pantry, please contact [Rima Cameron](#) by January 11.

Women's Night Out!
Tuesday, January 13 @ 6:30pm
Tomato Pie Cafe, TecPort

Wed 17 6:00 Clover Grove

Clover Lane

Clover Grove is a group of earth-centered and pagan spiritualists. The group gathers tonight to plan for the year ahead. The New Year always starts out with Clover Grove hosting its own Annual Planning Committee, when we plan out the monthly agendas for the year, such as Chinese New Year celebration in February. We will review previous years' efforts and decide what worked well and what didn't. And we will create our monthly agendas based on our successes. At this point we are still considering to celebrate as many Sabbats and Esbats as possible, all open to the community. It's just a matter of deciding who is willing to participate and take responsibility for specific events. Please contact [Nikki Stone-Thonus](#) if childcare is needed or requested. All are welcome.



Fri 16 7:30 Clover Lane Coffee House

Clover Lane

Clover Lane Coffee House welcomes Philadelphia-based Vulcans for their second time at Clover Lane. Admission is \$10 at the door (\$25 max per family); all are welcome.

Originally from Mechanicsburg, Vulcans is a rising presence on the Mid-Atlantic music scene, gaining acclaim for their "fusion" of Americana folk into new and unusual harmonies. Vulcans formed in 2010 with band members Nick Lindsay, Aaron Spangler and John Thomas drawn to the power and stripped-down honesty of traditional Americana, a clarity of focus that they felt was missing from many modern releases. Harnessing their choral instruction from high school and beyond, Vulcans sought to craft modern Americana tunes using three-part harmony as an instrument in itself, creating winding and bending melodies that sway from major, to minor, and home again. With each member bringing his own unique musical/lyrical styles and temperaments to the band, Vulcans became a truly egalitarian musical outfit featuring alternating lead singers and shifting instrumental arrangements, allowing for a diverse but cohesive sound. Please contact a.bart.carpenter@gmail.com for other information.



Tue 20 10:00 CroneSpirit

Clover Lane

CroneSpirit is a discussion group for women over 65, open to members and friends. It meets from 10:00 a.m. to noon in Fuller Chapel. Our topic this month is "Personal Expertise: Massage." We are:

- ✪ Honoring a crone tradition of conscious female aging and self-power
- ✪ For personal enrichment, such as through intellect, knowledge, comfort or companionship, anticipating a maximum of 10 women
- ✪ Sharing, listening and learning, without gossip or speaking disrespectfully

We look forward to seeing you. For information please contact Joan Hellmann, joan_elizabeth@comcast.net



Sun Feb 1 2:00 Clover Grove

Clover Lane

Clover Grove will sponsor an Imbolc (Candlemas/Groundhog Day) Celebration 2:00 - 5:00 p.m. The family-friendly event begins with a brief, interactive ritual on vulnerability, based on the work of Brené Brown. Please bring a potluck item for a mid-afternoon "lupper." Take a risk and make some candy. Our usual taffy pull may give way to marshmallow-making!

Please contact annstillwater@gmail.com for additional information.

