



The Unitarian Church of Harrisburg is an inclusive, gloriously diverse, deeply connected spiritual community dedicated to the practice of radical service.

Sunday Services

10:00 A.M. CLOVER LANE:
"THIS I BELIEVE"

10:30 A.M. MARKET STREET:
"SEEING THE HOLY"

July 7



Rachel Mark



Chris Dutton

July 14



Nikki Stone-Thonus



Kate Quimby

July 21



Kathie Teeter



Amy Allen/Jeff Sigel Family

July 28



Jen Ziegler



Brian Kahler

Unitarian Church of Harrisburg

July 2013 At-a-Glance

Please check website for last-minute updates

| DATE | TIME | SPEAKER |
|--------|-------|--|
| Mon 1 | 6:30 | Amrit Yoga, Ed Sykes |
| Tue 2 | 7:00 | Mindfulness Meditation Group (MMG), Chuck Daley |
| Wed 3 | 6:00 | Queen Spirit, Randa Todd |
| Sun 7 | 10:00 | "This I Believe" service, Rachel Mark |
| | 10:30 | "Seeing the Holy" service, Chris Dutton |
| Mon 8 | 6:30 | Amrit Yoga, Sykes |
| Tue 9 | 7:00 | MMG, Daley |
| Wed 10 | 7:00 | Board of Trustees, Judy Linder |
| Sat 13 | 9:00 | Common Ground Café, Lambert |
| Sun 14 | 10:00 | "This I Believe" service, Nikki Stone |
| | 10:30 | "Seeing the Holy" service, Kate Quimby |
| | 7:00 | Philosophy and Literature, Don Brown (off-site) |
| Mon 15 | 6:30 | Amrit Yoga, Sykes |
| Tue 16 | 7:00 | MMG, Daley |
| Wed 17 | 6:00 | Clover Grove, Nikki Stone-Thonus |
| Sat 20 | 7:30 | Movie Night at Clover Lane, John Katz |
| Sun 21 | 10:00 | "This I Believe" service, Kathie Teeter, followed by Coffee with the Board |
| | 10:30 | "Seeing the Holy" service, Allen-Sigel family, followed by Coffee with the Board |
| Mon 22 | 6:30 | Amrit Yoga, Sykes |
| Tue 23 | 7:00 | Silent MMG, Daley |
| Sat 27 | 9:00 | Common Ground Café, Lambert |
| Sun 28 | 10:30 | "This I Believe" service, Jen Ziegler |
| | 10:30 | "Seeing the Holy" service, Brian Kahler |
| Mon 29 | 6:30 | Amrit Yoga, Sykes |
| Tue 30 | 7:00 | MMG Fifth Tuesday with Andrea Minick Rudolph of Oryoki Zendo, Daley |

Occurs at Market Street campus

Rev. Eric Posa takes up the position of Interim Minister at the UCH on Thursday, Aug. 8. **Please plan ahead** by reading the newly published (2013) *In the Interim: Strategies for Interim Ministers and Congregations*, available as a Kindle book from Amazon or in paperback from the UUA Bookstore.



Summer Services

10:00 a.m. Clover Lane
10:30 a.m. Market Street

President's Message



The month of July is a time to take advantage of the time prior to the start of the interim period for our congregation. It is time for reflection about our commitment to our church. I have just finished reading the book that I recommended last month that every member of our congregation read,

"*In the Interim: Strategies for Interim Ministers and Congregations.*" You can order a paperback copy of the book from the UUA at www.uuabookstore.org or a Kindle version for \$7.99 at Amazon.com.



I am now even more convinced of the importance of reading this book. Each of us should become familiar with the process and obligations we will go through during the next two years. For us as a church to move from a minister who has served this congregation for 13 years to a new settled minister is a process that involves work from each of us. We have to decide who we are and where we are going before inviting a new settled minister to be our spiritual guide. It will also be a time to come together as a congregation, using every one of our seven principles. John Weston, former transitions director at the UUA writes:

When radical change is forced upon a congregation, often by the departure of a minister, the task is simple: it is to accept the change and move on to embrace the opportunities that change allows. This, naturally, is more easily said than done.

The purpose of interim ministry is to build a bridge from what was to what will be, per Margaret Keip, quoted from *In the Interim*.

A workbook developed by Anne Heller, District Executive of the Pacific Northwest District, is the *Janus Workbook*.

"Janus" was the Roman god who guards the doorway between the past and future, i.e., looking forward and looking back. This workbook outlines the process ahead of us and lists five tasks for the interim period:

- ☺ claiming and honoring the congregation's past, and healing its griefs and conflicts
- ☺ illuminating the congregation's unique identity: its strengths, its needs, and its challenges
- ☺ clarifying the multiple dimensions of leadership, both ordained and lay, and navigating the shifts in leadership that accompany a time of transition
- ☺ renewing connections with available resources within and beyond the UUA
- ☺ enabling the congregation to renew its vision, strengthen its stewardship, and engage its future with anticipation and zest

We, as a congregation, will be doing all of the above, and as you can see, we have two years of work ahead of us.

Sometimes our connection to the church is only one activity or ministry; we have to look beyond that one connection and view the church as a whole. We need to focus on all aspects of our church. It is up to each and every one of us to consider not what is best for "me" but what is best for "us." We should use the month ahead to prepare for the transition process, to order our thoughts, and to be ready to have the mirror held up to us as a congregation. We should use this time to reflect on our past and be ready to embrace a future that includes renewing that vision, recommitting "time, talent and treasure" to the church, and maintaining a positive attitude.

May we all be well, happy, and peaceful! *Judy*

Sunday Service Assignments for July

| JULY DATE | 10:00 CLOVER LANE | | 10:30 MARKET STREET | |
|--------------|----------------------|--------------------|------------------------------|-----------------------|
| | TRUSTEE | USHER | TRUSTEE | USHER |
| July 7 | Dennis Hursh | Steve Todd | Tom Conners, Dave Forster | Bart Carpenter |
| July 14 | Laura Shemick | Jeff/Jen Wallitsch | Chris Dutton | Bart Carpenter |
| July 21 | Dennis, Dave Forster | Denny/Lila Darling | Laura Edinger | Bart Carpenter |
| July 28 | Marilyn McHenry | Steve Todd | Judy Linder | Alex/Andrea MacDonald |

July Speakers

Our popular summer series of lay-led services, with sermons by members of the UCH! Here are speaker bios, by location and date.

Clover Lane Speakers

July 7: Rachel Mark

Rachel Mark grew up in nearby Campbelltown. The daughter of a Methodist minister, she was active in church life until the late 1970s. After a 25-year hiatus, she then discovered Unitarian Universalism and returned to church life in 2001.

She has participated in various UCH activities including humanist and adult religious education ministries, philosophy and literature, and served two terms on the Board. She is chairperson for Green Sanctuary and initiated the Harrisburg chapter of Citizens Climate Lobby, which meets monthly at UCH.

Rachel and her husband, Michael, share a love of theater, films, books, music, art, nature walks, alpacas, small dogs, and Aiden.

Ed. note: Aiden Lambert, son of Clay and Erica Lambert, is Rachel's great-nephew.

July 14: Nikki Stone-Thonus

Nikki Stone-Thonus was not raised in a church but grew up in Perry County and was told highlights of the Christian religion. After marrying a military member at a very young age and moving with him across the U.S., she returned to Pennsylvania after divorcing. She then spent years connecting with herself, finishing school, obtaining an Associate Degree from HACC for Travel & Tourism, and dedicating herself to the Pagan spiritual path.

After spending the past five years working in sales for Felicita Resort and the Days Inn Harrisburg North, she now is a stay-at-home mom to Jackson Douglas Stone, aka "Baby Jesus" in last year's Christmas pageant, due to changes in management at her former hotel. It worked out to be a blessing in disguise, allowing her to spend each day with her wonderful little man.

Nikki enjoys spending time with her husband and son, reading, meeting with girlfriends for their weekly "Girls

Night" that she began over 10 years ago, and leading circles at church for the two groups she is active with, Clover Grove and QueenSpirit.

July 21: Kathie Teeter

Rev. Kathie Teeter began attending UCH in January 2009 and joined the congregation in August 2010. She is an ordained interfaith minister, graduating from the School of Sacred Ministries affiliated with Pebble Hill Interfaith Church in Doylestown.

Kathie trained at, and has been a chaplain with, the Hershey Medical Center. She serves as a volunteer hospice chaplain at Good Samaritan in Lebanon and Hospice of Central PA in Dauphin County. She is a member of the Pennsylvania Society of Chaplains and the Alliance of Interfaith Clergy.

July 28: Jen Ziegler

Jennifer Ziegler was raised –un-churched!– in rural north central Pennsylvania. Most of her youth was spent slinging manure, tossing hay bales, skinning animals and stacking fire wood. She obtained an associate's degree in occupational therapy and a bachelor's degree in communications and has held jobs as a tomato picker, waitress, occupational therapy assistant and director of outreach and communications. She notes, however, that her current position as Director of Life Skills, Nutrition and Safety for her kids is by far the most fulfilling.

Jennifer and her husband, Chris, joined UCH in 2001. They are proud parents of Adeline, 8, and Kiefer, 5. As a family they enjoy exploring out-of-the-way places, get-togethers with family and friends and visiting Jennifer's family farm. When she's not wrangling kids or pretending to be a competent housekeeper, Jennifer practices Yamate-ryu aikijutsu, reads, takes pictures and creates digital art.

Market Street Speakers

July 7: Chris Dutton

Chris Dutton was born in Philadelphia and grew up in a small suburb outside the city. She earned a degree in sociology from the University of Delaware in 1973 and, having no idea what to do next, trained as a computer programmer. She was employed by the Department of the Navy and transferred to the Harrisburg area in 1975.

She did not plan to stay in Central PA, but one thing led to another and she has never left. She earned a law degree and practiced law for many years while raising a family of four with her husband, Larry. Most recently, Chris spent two years (involuntarily) retired, experiencing the temptation of a relatively stress-free life, but has since returned to work at a law firm in Harrisburg.

Chris grew up in a family that valued formal training in the tenets of a mainline Protestant religion as an important

underpinning to a morally sound and ethically guided life. She was influenced in college by her Roman Catholic friends, who were immersed in liberation theology, and Methodist friends who were experimenting with fundamentalism as an alternative to their traditional religious practices and beliefs. Her exploration of religion continued after college, with the intensity of commitment waxing and waning over the years. Her experience of religion has been positive and she appreciates it as an expression of the human drive to explain life and celebrate its interconnectedness.

Chris joined the UCH in 2005, when she was sure that she had found a home in Unitarian Universalism, most particularly because it is a religion that promotes a free and responsible search for truth and meaning. She is currently serving on the Board of Trustees and has become firmly attached to UCH.

July 14: Kate Quimby

Kate Quimby was born and raised in Central PA, but she didn't find her way to UCH until the late 1980s. Since then, the church has played an important role in her spiritual and personal life.

Kate teaches classes in Communication and American Ethnic Literature at Messiah College...a strange place to find a Unitarian Universalist, but she's been there now for 28 years and expects to continue for a few more. Anti-racism, gay rights and social justice initiatives motivate her professionally as well as personally. These important issues find their way into her classroom discussions regularly.

Kate realizes how fortunate she is to have all three of her adult children and their families within 15 minutes of home, a rarity in our global society. This proximity allows for day trips, attendance at school activities, and quality time with each of her four grandchildren.

She is an appreciator of the arts and frequently attends theater, dance, music, and art exhibits. Her garden is another source of joy, truly a labor of love, and a place where she "grows soul." She has also practiced yoga for more than 20 years and most mornings can be found walking with her Bellevue Park neighbors, the Jabberwalkers, who, in spite of their name, cover a lot of territory between 8 a.m. and 9 a.m. each morning.

Kate has lived in the city since 1994. She currently shares her home with her son, Chad Fahnstock, and her granddaughter/his daughter, Montana.

July 21: Amy Allen, Jeff Sigel & Family

Amy Allen and Jeff Sigel have attended UCH since 2009 with their children, Noah, 9, and Abby, 6. They moved to Central Pennsylvania from New Jersey in 2007 when Jeff took a job with The Hershey Company. Amy is an on-hiatus high school French and Spanish teacher who currently

"stays at home" with the kids (which really means she drives the kids around to all their activities).

Amy also helps out with the Youth Group at UCH and just returned from chaperoning a fantastic service trip in Washington, D.C. The Allen/Sigels regularly attend the Common Ground Café breakfast, where Jeff washes dishes, Amy helps at the kids' craft table, and the kids dry dishes, serve toast, and sometimes instigate "Rock/Paper/Scissors" tournaments. Noah enjoys Minecraft, is an avid Pokémon fan, loves to read, plays the viola, and will begin singing with the Susquehanna Children's Chorale in the fall. Abby also enjoys Minecraft, loves school, plays the cello, studies ballet, is a Daisy Girl Scout, and likes to do art. Their family includes two rescue dogs, Buddy and Macy, and a 17-year-old one-eyed rescue cat, Honey.

July 28: Brian Kahler

Brian Kahler has a B.A. in Anthropology/Archaeology from Penn State, and yes, he bleeds blue! In 2005, he retired from the Department of Public Welfare after 33 years of service and is looking forward to receiving Medicare Part B in September. Brian was a member of the Arcona Reel Band for 20 years, performed at the Pennsylvania Renaissance Faire for 17 years, and enjoys Irish/Celtic music, playing the *bodhrán* and *djembe*, and singing. He has two sons and one daughter, is devoted to his family, and especially enjoys his grandchildren.

Brian grew up in Rohrerstown, a small village west of Lancaster. His childhood faith was the Church of God, a Bible-based Baptist-related religion, and as he got older, it became clear that it was not a good fit. After a brief, uninspiring stint as a teenage Lutheran, he abandoned organized religion until he found the Unitarian Church of Lancaster in 1973. During his five years there, he worked in the nursery, taught religious education at the kindergarten level, and chaired the Membership Committee. Brian again drifted spiritually until he moved to Harrisburg and found UCH, where he met and married Sparkie Radcliffe.

Brian has been a member of UCH for 23 years. He helped develop the church's Mission Statement, served as a Trustee, served on the Stewardship Committee, and has helped out at the annual Auction, the Clover Lane Coffee House and Chalice Camp and has been a Unisinger for 23 years. Brian volunteers during Community Hours and the Common Ground Café breakfasts, and serves as our Community Liaison at the Market Street campus.

Brian's passion for our faith is exceeded only by his love for this congregation, our Market Street Church and the social justice work we're doing there. He believes that we are moving from an inward focus on individual enlightenment to a committed community of faith in action, from a plateau of comfort to a vision of even greater things for our church, and that we are willing to take the risks and make the sacrifices necessary to accomplish that vision.

UCH News

News from and about our church

UCH Administration

We are pleased to announce the hiring of Kel Kyle as our new office administrator. She is originally from Williamsport but most recently comes to us from Atlanta, GA, and has extensive skills in office management, project management, billing, and scheduling. In addition, she is highly experienced as a web designer/developer.

We have arranged for Kel to train with Sandy during the week of July 8-12; during that time the office will be essentially closed. This will give Kel time to settle in and allow her to focus on getting up to speed on our business procedures. After that time, I'm sure she would welcome being introduced to members of the congregation.

I would also like to take this opportunity to thank Sandy Palkovic, our departing office administrator, for her hard work and dedication to UCH over the past eight years. Transitions of this sort are never easy, but Sandy has done an amazing job of trying to make this change as painless as possible for us. I would like to acknowledge her professionalism and willingness to be flexible during this transition, which has helped us enormously. I'm sure you all join me in wishing her nothing but the best. Good luck, Sandy!

—Submitted by Blaise Liffick, Executive Team member

RGL Registration for 2013-14

Please register children and youth for the 2013-14 church year! All families who submit a complete Children & Youth registration form by July 31 will be entered into a drawing to win a Money Savvy Bank! Learn about this great tool to teach the children in your life about money at this link:

www.youtube.com/watch?v=mPFo_1X8ldI

Request an electronic registration form by email to DREHarrisburg@gmail.com or submit a paper copy, which is available under the "Forms" tab on the church website: www.harrisburguu.org/forms.htm.

Nurturing the spiritual lives of children, youth and families is a cooperative ministry. Each family who has been with the church a year or more is asked to participate in supporting the Children and Youth Ministry with their time. This can be as a leader working with children or youth, or by participating in one of the support opportunities described on the registration form.

Dear Friends,

As you were growing up, was there an adult who nurtured you, spent time with you, challenged your thinking and influenced you? Many adults look back on their life path and identify a teacher or some other adult in their life who greatly impacted them; or they wish there had been someone in that role. Consider being one of those adults to children or youth in our church community! Volunteer to get involved! Your participation is needed.

Volunteers are needed from nursery all the way through high school advisors. Complete the volunteer interest form on the church website: HarrisburgUU.org under the "forms" tab; or fill out a form at church. Volunteers get a fresh outlook of youthful perspective as they often learn as much, or more, from the children and youth as children and youth learn from leaders.

In faith, *Trish*

—Submitted by Trish Brandon, Director of Religious Education

General Assembly Report

Condensed from the UUA website. Full reporting available at <http://www.uua.org/ga/2013/index.shtml>

General Assembly (GA) of the Unitarian Universalist Association of Congregations was held June 19-23 in Louisville, KY. Attending from the UCH were Greg Boyd and Margaret Carrow. Greg is a member of the GA Planning Committee. At the GA link is a full array of audio, visual, and text reporting of worship services, plenary sessions, and multiple workshops.



Chalice Hands Sign-Up

The Pastoral Care program is updating its list of volunteer "Chalice Hands." The Chalice Hands program provides short-term services of a personal nature, usually related to a medical need or a birth/death in the family. Based on need, this might include meals, picking up groceries, rides to doctors' appointments, etc.; it does not include yard work or services that do not relate to a personal issue. These services are done by member volunteers.

To join our list of volunteers who can provide such a service to another UCH member in his or her time of need, please contact Karen Sykes at 717-975-9946 or klsykes@verizon.net. We get very few requests, but this service is invaluable when the occasion arises. Thanks for caring.

—Submitted by Karen Sykes

UCH Picnic at Pinchot Park

Save the date! On August 24, we will come together as a congregation for a day of outdoor FUN! Local canoe instructors Phyllis and Scott Brown have offered to organize free morning and afternoon canoe sessions: paddling instructions, all equipment, and team building spirit included. You can enjoy swimming at the beach and/or hiking the trails! Details forthcoming.

—Submitted by Wendy Shaver

Membership

News about members of our community

Huffman-Smith Wedding

UCH member Suzanne Huffman and Tim Smith were married on Saturday, June 8. Andrea Minick-Rudolph of Orykoki Zendo officiated at the outdoor ceremony at Hunters Valley Winery in Liverpool.



Geist Graduation

Marilyn Geist, daughter of UCH members Kevin Geist and Andy Back and Lamar and Mary Kroh, was valedictorian of Williams Valley High School in Tower City. She plans to study information technology this fall at her father's alma mater, Penn State Schuylkill Haven.



Detail Calendar

July 2013

Please synchronize your calendar for these UCH-sponsored events.

Wed 3 6:00 Queen Spirit Clover Lane

Queen Spirit is a co-created women's spirituality circle that meets on the first Wednesday of the month. This month, Robin Broderick leads a circle on dream interpretation. Bring a dream!

Also bring a favorite dish, dessert or beverage to share, plus your place setting and serving spoons and plates. We come together to share our stories, be nourished and affirmed in our journeys, and provide and receive spiritual enrichment. Potluck at 6:00, followed by the circle. Contact Randa Todd, Irrt1946@yahoo.com.

Mon 8 6:30 Amrit Yoga (weekly) Clover Lane

Amrit yoga is a form of hatha yoga developed by Yogi Amrit Desai. The entire process moves and stretches every part of your body for an energetic workout and includes a calming, meditative relaxation at the end.

Led by Ed Sykes, esykes@state.pa.us. No experience necessary!

Repeats every Monday.

Tue 9 7:00 Mindfulness Meditation (weekly) Clover Lane

Two 25-minute periods of meditation with a short reading, discussion and rest between. Coordinated by Chuck Daley, MMG@harrisburguu.org. **Repeats every Tuesday.** Third Tuesday is silent meditation.

Sat 13 9:00 Common Ground Café Market Street

In collaboration with the Shared Ministry, the UCH is now in its fourth year of operating the Common Ground Café at our Market Street campus. It occurs on the second and last Saturday of the month, and attendance continues to increase! The café opens at 9:00 a.m., and you can be a part of the action! No experience necessary, and drop-ins are always welcome. We also need volunteers to work with neighborhood children.

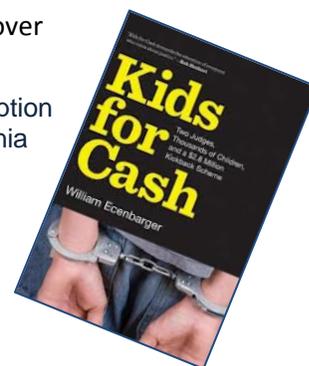


To join the e-list of volunteers, please contact Clay Lambert, commongroundbreakfast@gmail.com. Repeats July 29

Sun 14 7:00 Philosophy & Literature Group Clover Lane

The Philosophy & Literature Group meets on the second Sunday of each month, usually at Clover Lane. The book for July is *Kids for Cash*, by William Ecenbarger. Per the *New York Times*:

In *Kids for Cash*, the investigative reporter William Ecenbarger tells the story behind a corruption scandal so brazen and cruel it defies imagination. Between 2003 and 2008, two Pennsylvania judges accepted millions of dollars in kickbacks from a private juvenile detention facility in exchange for sending children — girls and boys, some as young as 11 — to jail.



This month, the group meets at the home of Marilyn McHenry (238-2756). Please call for directions. Any person who loves serious fiction and non-fiction is invited to join the group. Contact Don Brown, dabrown57@gmail.com.

Wed 17 6:00 Clover Grove/Summer Solstice Celebration Clover Lane

Clover Grove is a group of earth-centered and pagan spiritualists. This group meets monthly at Clover Lane to discuss spiritual issues related to those of a similar path and celebrates, with ritual, the phases of the Earth and Moon. All are welcome. This month, Clover Grove is learning how to make handmade soap!! Lord Fairy Bottom (LFB) will show by example how to make a basic recipe of soap and "flavor" it. There will be examples of the process and samples to take home. Come out and learn how easy it is to create your own soap. LFB always gives out copies of the lesson, so join us for a special evening of Pagan fellowship and organic conversations.

Please bring something to share for the potluck afterward, as well as your own beverage. Contact Nikki Stone-Thonus, bnlady79@yahoo.com.

Sat 20 7:30 Movie Night at Clover Lane Clover Lane

UCH members and friends are invited to a convivial "Saturday Night at the Movies," featuring Ed Wood's 1953 *Glen or Glenda* and 1959 *Plan 9 from Outer Space*. Bring snacks or finger food to pass.

Contact John Katz, carjatz59@gmail.com.



Tue 30 7:00 Mindfulness Meditation (Fifth Tuesday) Clover Lane

MMG sponsors a special "Fifth Tuesday" presentation by Andrea Minick Rudolph of Oryoki Zendo. Andrea earned her M.A. in Buddhist Studies and Ministry from the Blue Mountain Lotus Seminary, is a Diplomate of the American Psychotherapy Association, a Professional Member of the Pennsylvania Counseling Association, Certified Master Chaplain for the American Board of Chaplains, Homeland Security, and a Certified Life Coach with the Life Coaching Institute in London.



She has an extensive educational background in physiology, anatomy, and kinesiology, and has been a professional dancer and performer for most of her life. She is a Certified Stott Pilates Mat Instructor, and holds a black belt in Sui Nagari Do Karate. Andrea is also available as an officiate for weddings, blessings, and life transition ceremonies.

Coordinated by Chuck Daley, MMG@harrisburguu.org.

Youth Group Mission Trip

Youth Group spent the week of June 16-22 on a mission trip to The Pilgrimage in Washington, D.C. The Pilgrimage is a service-learning hostel open to youth groups of all faith traditions.

Attending this year's mission trip were Grace Roane-Hopkins, Zoe Roane-Hopkins, Katy Alberici, Libby Bechtel, Steven Fromml, Olivia Gregg, Charlotte Henninger-Voss, Eugene Henninger-Voss, John Hursh, Lydia Hursh, Aidan Loza, Adam Malarich, Jonnece Thompson, and chaperons Peter Adams, Amy Allen, and Leann Rhoades.



Starting Off



Serving breakfast



Helping at a soup kitchen



Sight-seeing on the side



Helping prepare a community garden plot



Folding donated clothing



Discussion/reflection with a formerly homeless poet



Doing yardwork for the elderly